

2025

Reading Program

Programa De Lectura

독서 프로그램



United
Women
in Faith



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Dear United Women in Faith Readers,

A vigorous morning rain taps on my apartment windows while I write you this letter. The day's work is calling, the children awake, and the inbox piling up. Yet, the rain keeps falling and I find myself longing for that wonderful trifecta of coziness: a fuzzy blanket, a steaming cup of tea, and a great book.

Whether you have a disciplined daily reading ritual with morning meditation in a favorite chair, or you take more of a catch-as-catch-can approach, with a paperback stuffed in your purse for reading on the go, you have come to this catalog because you believe in the power of the page. United Women in Faith readers engage in many different ways. Some of us listen to audiobooks while commuting to work. Some of us savor the late-night hours to pour over each chapter again and again. Some of us power through a binge-reading session the day before the library's return due date. Some of us read solo and some of us are part of book groups at church, online, or in our community. Whatever way works for you, we invite you to join us on this powerful reading journey!

United Women in Faith's Reading Program is designed to help women of faith to achieve five key goals: lean into our spiritual growth, strengthen our leadership skills, equip ourselves for local and global mission, take faithful action for the common good, and build community in ways large and small. The books are current and cover a wide variety of topics. Participating in one of the Reading Program plans at any of the four levels, or even reading just one or two books in this catalog, can help you grow. And anyone, anywhere, can participate—whether you are a member of United Women in Faith already or just getting to know us.

Reading allows us to travel the world. I have never had the joy of visiting Nigeria, but Abi Darè's novel, *The Louding Voice*, shrunk the 5,000+ miles between New York City and Lagos. By entering into the fictional world of Adunni, the teenage main character, my mind and heart were opened a bit more to the concerns of my Nigerian sisters. Meanwhile, Linda Sarsour's beautiful memoir, *We Are Not Here to Be Bystanders*, inspired me with its testimony to the power of intersectional organizing while reminding me that practicing real sisterhood requires intentionality. While Ms. Sarsour and I share a city, our identities are quite different. As she related her experiences as a Brooklyn-born Palestinian Muslim American activist, I found myself both nodding along in recognition and connecting the dots in ways I hadn't previously. Of course, sometimes the hardest gulfs to cross, the greatest contradictions, and the deepest chasms come not from across the globe or even across the city, but rather from the tensions we feel within our very own souls. We name and claim our relationship with God as Christian women—but do we always pay attention to the practices that nourish the most fundamental of relationships? Some days, the space between who we are and who we long to be can feel like the farthest of all possible distances. Barbara Peacock's *Spiritual Practices for Soul Care* offers us 40 practical tools to go deeper in our Christian walk. This year's Bonus Books, along with the other offerings in our 2025 Reading Program, are a powerful launching point for both personal reflection and meaningful conversation.

We encourage Reading Program participants to think of this catalog as a tool that they can use both individually and as a group:

- **For Individuals:** Choose a Reading Program Plan and select the books you'll read. Get reading! When you've finished, complete the reporting form and turn it in to your Program Resources Coordinator at the district or conference level to receive a Certificate of Recognition, awarded annually. Check-in with the Program Resources Coordinator about the due date and process for recognition in your conference/district.
- **For Groups:** Use this catalog to select one or more books that you will all read and discuss together. Almost all of the books in this year's catalog make for good group discussion. But if you're looking for a quick place to start, we've created a special section (new this year!) in this catalog that shares ways you can use our three Bonus Books for group discussion.

Recent polling suggests that 30 percent of American adults experience feelings of loneliness at least weekly. Chances are that many of these folks are in your communities —maybe even in your churches. Consider this your call to action! Open your groups to other women in your community who may be looking for a way to connect and grow. Be diligent in your practice of gracious and intentional invitation. And if you don't yet have a way to read and grow together in your community, consider whether this may be a new ministry worth exploring. You may consider starting a new group at your local church or beginning a new, All Access group outside of the traditional structure. It is a balm to the soul to share in a sisterhood of spirit-filled readers committed to growing together and sharing the journey.

Blessings—and happy reading!

Peace,

Emily Jones



Emily Jones
Executive for Racial Justice
United Women in Faith



GENERAL FAQs



- **Where can I find the books?**

You can access books at your public library, from your local bookstore, or through an online retailer. You can also purchase most of the current Reading Program books at bookshop.org/shop/uwfaith. United Women in Faith receives 10% back on all purchases from our virtual shelves.



- **How can I receive recognition for participating in the Reading Program as an individual?**

Complete Reading Program Plans I, II, III, or IV. Fill out the reporting form available in the resources section at the end of this catalog. Submit the reporting form to the District or Conference Program Resources Coordinator or designee. Reach out to your district/conference leadership team for the relevant details, including the due date. All members and friends of United Women in Faith who complete a Plan and submit the form in a timely manner are eligible to receive the annual Certificate of Recognition.



- **How can I use the Reading Program resources in a group setting?**

The Reading Program provides excellent content for both regular unit meetings and new All Access member gatherings. Whether your group is meeting in person or virtually, reading a book together can provide powerful common ground. The books in the Reading Program are specially selected to help women grow spiritually, strengthen their leadership skills, and equip themselves for more effective social action, community-building, and public service. Reading and discussing a shared book can also make for an easier start to meaningful conversation among women who do not yet know each other well. It can also be a way to connect with new women and invite them into our sisterhood. Consider opening your Reading Program book discussions to women who are not yet members of United Women in Faith. Explore hosting groups in non-traditional locations, like public libraries, coffee shops, or parks. Try meeting at times accessible to women in a variety of life situations, including women who are working full-time during the day or shouldering heavy care responsibilities. You can develop your own discussion questions for any book in the Reading Program or begin with the sample discussion questions for this year's Bonus Books, available in the resources section at the end of this catalog.



- **What resources support intergenerational learning?**

Youth and children's book selections are included in every category. In addition, the 2025 list includes two intergenerational book sets that include youth and adult versions of *We Are Not Here to Be Bystanders/We're in This Together* by Linda Sarsour and *Black Girls Unbossed/Unbossed* by Khristi Laurel Holmes.

- **Which years of the Reading Program are eligible for reporting credit?**

For 2025, books from the 2020, 2021-2022, 2023, 2024, and 2025 Reading Program lists are all eligible for Reading Program reporting credit. You can find a combined list of all these books at bit.ly/RPBookList.



- **Are there other ways to receive Reading Program reporting credit?**

Yes. You can also receive Reading Program reporting credit for:

- Listening to the *Faith Talks* podcast: 1 credit in Spiritual Growth for 2+ episodes
- Listening to the *Voices From the Field* podcast: 1 credit in Education for Mission for 2+ episodes
- Reading **response** magazine: 1 credit in Nurturing for Community for reading one year (6 issues)
- Being part of a Mission u study, including Mission u 2024 (Living the Kin-dom) and Mission u 2025 (Hope as a Resurrection People):
 - 1 credit in Spiritual Growth for reading a Mission u study on your own
 - 2 credits in Spiritual Growth for joining a Mission u study together with others, as a leader or participant
- Movies and television programs based on current Reading Program books are also eligible for credit. In determining the category for credit, identify the category of the original book and apply credit for the film to the same category.



- **How are books selected?**

A large team of volunteer evaluators reads and evaluates potential Reading Program book selections throughout the year. Each book under consideration is independently evaluated by at least three people. The Reading Program Committee uses these evaluations as a basis for their recommendation, considering the overall balance of the list offerings as a whole. Their recommendation is then reviewed and approved by the Governance Committee of the Board of Directors.



- **How can I recommend a book?**

If you would like to suggest a book for consideration for a future Reading Program catalog, you can do so by using the “Suggest a book” link available at uwfaith.org/read.



- **Can I use audiobooks?**

You are always welcome to use audiobooks if that’s an easier and more accessible way for you to read the material.



- **Is there any troubling content in the Reading Program books? How do I know what to expect?**

The Reading Program is designed to be uplifting and spiritually nourishing while also wrestling honestly with the difficult experiences of our world today, including violence and other potentially triggering content. Where possible, we have added flags to the book descriptions to note any potentially disturbing content re: **graphic violence (V), explicit sexual content (S) and/or profane language (L)**. This is not meant to steer you away from these books, but rather to prepare you to know what to expect so you can make informed choices. Unfortunately, we are not able to anticipate all the content that may be disturbing to every one of our readers, since each of us is unique and brings our own particular set of experiences. If you start to read a book and discover that it is too much for you at a given time, then, of course, we encourage you to practice good self-care and set the book aside.



- **How can I learn about upcoming events and keep connected to the community?**

- If you would like to join our mailing list, visit bit.ly/RPMailList.
- We also invite you to join us in the Reading Enthusiasts discussion group on United Women in Faith Digital where you can post, learn about upcoming events, and share with others about your favorite books.
 - For people who are new to United Women in Faith Digital: bit.ly/reading-enthusiasts-MN.
 - For people who are already on United Women in Faith Digital: bit.ly/reading-enthusiasts.



READING PROGRAM PLANS

Eligible years: For 2025, books from the 2020, 2021, 2022–2023, 2024, and 2025 Reading Program lists are all eligible for Reading Program reporting credit, if you have not previously read them.

PLAN I

- 5 books each year.
- 1 book from each category.
- Selections from the current reading lists if not included in previous reports.

PLAN II

- 10 books each year.
- 2 books from each category.
- Selections from the current reading lists if not included in previous reports.

PLAN III

- 15 books each year.
- 2 books from each category.
- PLUS 5 additional books from any category.
- Selections from the current reading lists if not included in previous reports.

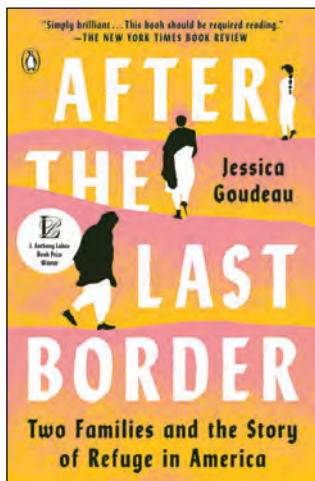
PLAN IV

- 20 books each year.
- 2 books from each category.
- PLUS 10 additional books from any category
- Selections from the current reading lists if not included in previous reports.

Books can be purchased directly from the retailer of your choice, from **bookshop.org/shop/uwfaith**, or borrowed from your local public library.

For books on previous reading lists go to:
uwfaith.org/read



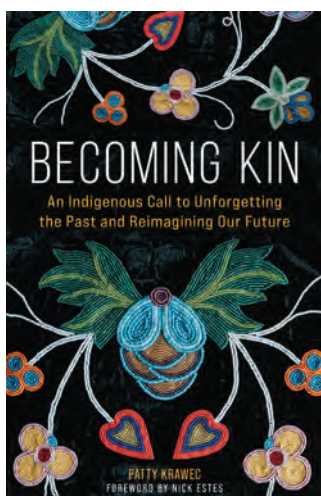


AFTER THE LAST BORDER: TWO FAMILIES AND THE STORY OF REFUGE IN AMERICA

JESSICA GOUDEAU

PENGUIN BOOKS (2021)

Writer and activist Jessica Goudeau offers an intimate look at the lives of two women as they struggle for the 21st-century American dream as refugees in Austin, Texas. Mu Naw, a Christian from Myanmar struggling to put down roots with her family, was accepted after decades in a refugee camp at a time when America was at its most open to displaced families. Hasna, a Muslim from Syria, agrees to relocate as a last resort for the safety of her family, only to be separated from her children by a sudden ban on refugees from Muslim countries. The book is hailed as a dramatic, character-driven story within a larger history.

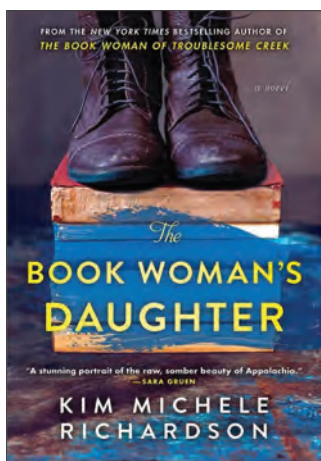


BECOMING KIN: AN INDIGENOUS CALL TO UNFORGETTING THE PAST AND REIMAGINING OUR FUTURE

PATTY KRAWEC

BROADLEAF BOOKS (2022)

In *Becoming Kin*, podcaster Patty Krawec weaves her own story with the story of her ancestors and the broader themes of creation, replacement, and disappearance, helping readers see settler colonialism through the eyes of an Indigenous writer. Krawec asks questions such as: What would it look like to remember that we are all related? How might we become better relatives to the land, one another, and Indigenous movements for solidarity? The work is a sojourn through Native and settler history, myth, identity, and spirituality that helps us retrace our steps and unravel the history we have been taught.



THE BOOKWOMAN'S DAUGHTER: A NOVEL

KIM MICHELE RICHARDSON

SOURCEBOOKS LANDMARK (2022)

Both a standalone and a sequel to the bestselling novel *The Book Woman of Troublesome Creek*, *The Bookwoman's Daughter* tells the story of Honey Lovett, daughter of the famed, blue-skinned Troublesome Creek packhorse librarian. Honey and her Kentucky family have been hiding from the law all her life. But when her mother and father are imprisoned, Honey realizes she must fight to stay free. Picking up her mother's library route, Honey begins to deliver books to the remote hollers of Appalachia. But the route can be treacherous, and Honey's going to have to fight for her place. **(V)**

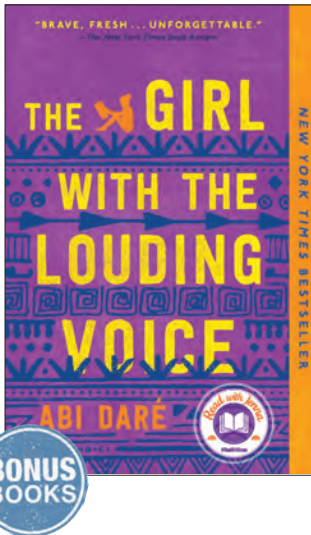


FORTUNE: HOW RACE BROKE MY FAMILY AND THE WORLD AND HOW TO REPAIR IT ALL

LISA SHARON HARPER

BRAZOS PRESS (2022)

Drawing on her lifelong journey to know her family's history, activist Lisa Sharon Harper recovers the beauty of her heritage, exposes the brokenness that race has wrought in America, and casts a vision for collective repair. With careful research, Harper traces 10 generations of her family history, showing how American ideas, customs, and laws robbed her ancestors—and the ancestors of so many others—of their humanity and flourishing. A Word & Way 2022 Book of the Year and listed in *Sojourners'* 2022 Book Roundup to Inspire Faith and Justice.

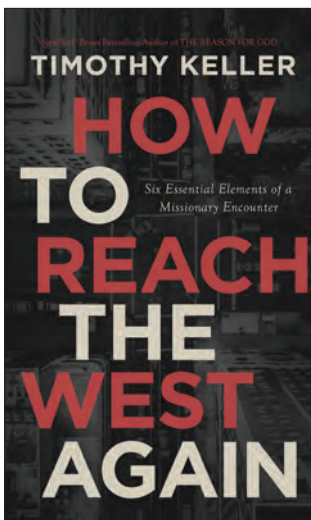


THE GIRL WITH THE LOUDING VOICE: A NOVEL

ABI DARÉ

DUTTON (2020)

This coming-of-age novel tells the story of Adunni, a 14-year-old girl growing up in a rural Nigerian village who longs to get an education so she can find her "lounding voice" and speak up for herself. Despite the obstacles in her path, Adunni never loses sight of her goal of escaping her life of poverty so she can build the future she chooses—and help other girls like her do the same. The debut novel from Abi Daré, who grew up in Nigeria and now lives in the United Kingdom, was an instant *New York Times* bestseller. **(V)(S)**



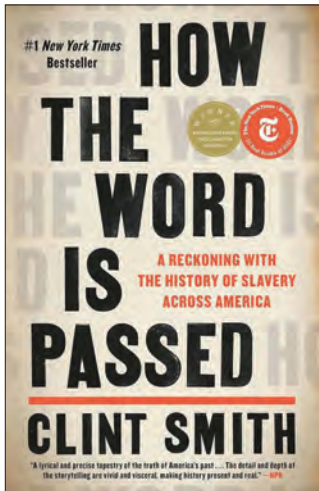
HOW TO REACH THE WEST AGAIN: SIX ESSENTIAL ELEMENTS OF A MISSIONARY ENCOUNTER

TIMOTHY KELLER

REDEEMER CITY TO CITY (2020)

Authored by the late American Calvinist pastor, preacher, theologian, and Christian apologist Timothy James Keller, this book calls upon churches to step up in the face of Christianity's decline in the West and be compelled to rethink evangelism from the ground up. Using the early church as our guide, Keller argues that churches and individual Christians must examine ourselves, our culture, and Scripture to work toward a new missionary encounter with Western culture that will make the gospel both attractive and credible to a new generation.

Book available in English & Korean.

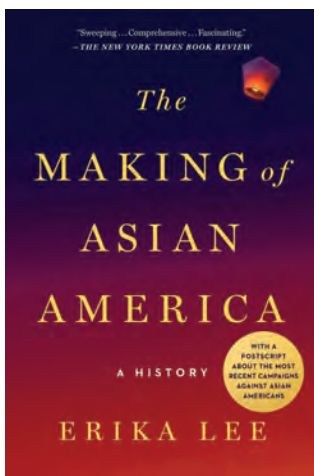


HOW THE WORD IS PASSED: A RECKONING WITH THE HISTORY OF SLAVERY ACROSS AMERICA

CLINT SMITH

LITTLE, BROWN AND COMPANY (2021)

American writer, poet, and scholar Clint Smith leads the reader on an unforgettable tour of monuments and landmarks that offer an intergenerational story of how slavery has been central in shaping our nation's collective history and ourselves. *How the Word Is Passed* illustrates how some of our country's most essential stories are hidden in plain view, offering a new understanding of the hopeful role that memory and history can play in making sense of our country and how it has come to be. Winner of the National Book Critics Circle Award for Nonfiction, the Stowe Prize, and the 2022 Hillman Prize for Book Journalism.

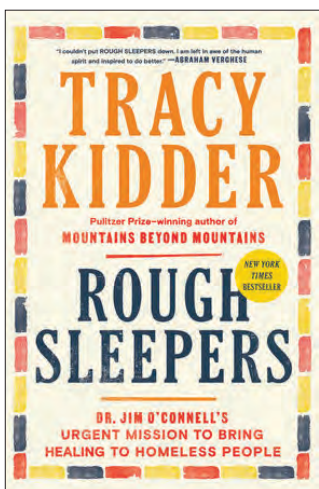


THE MAKING OF ASIAN AMERICA: A HISTORY

ERIKA LEE

SIMON & SCHUSTER (2016)

Authored by historian and author Erika Lee, the granddaughter of Chinese immigrants, this book illuminates how generations of Asian immigrants and their American-born descendants have made and remade Asian American life, from sailors who came on the first trans-Pacific ships in the 1500s to the Japanese Americans incarcerated during World War II. Over the past 50 years, a new Asian America has emerged. But as Lee shows, Asian Americans have continued to struggle as both "despised minorities" and "model minorities," revealing all the ways that racism has persisted in their lives and in the life of the country.



ROUGH SLEEPERS: DR. JIM O'CONNELL'S URGENT MISSION TO BRING HEALING TO HOMELESS PEOPLE

TRACY KIDDER

RANDOM HOUSE (2024)

Authored by the Pulitzer Prize-winning, *New York Times* bestselling author Tracy Kidder, *Rough Sleepers* shares the powerful tale of one doctor, Jim O'Connell, who made a difference by helping to create a program to care for Boston's homeless community, addressing one of American society's most difficult problems instead of looking away. Kidder spent five years following O'Connell and his colleagues as they worked with thousands of homeless patients, offering medical care, socks, soup, empathy, humor, and friendship to some of the city's most endangered citizens. Named a Best Book of the Year by NPR, BookPage, and the Chicago Public Library. (V)



THE LUCKY ONES

LINDA WILLIAMS JACKSON

CANDLEWICK (2022)

This compelling historical fiction account tells the story of 11-year-old Ellis Earl Brown who lives in the Mississippi Delta in 1967. Ellis Earl works hard in school and has big dreams, planning to grow up to become a teacher or a lawyer so his mama won't have to work as a maid and there will always be enough food in the icebox. But when Mama tells Ellis Earl that he might need to quit school to help support the family, he wonders if happy endings are only possible in storybooks. A gripping story about racism, poverty, and the power of community to help lift people up.



THE WITNESS BLANKET: TRUTH, ART AND RECONCILIATION

CAREY NEWMAN & KIRSTIE HUDSON

ORCA BOOK PUBLISHERS (2022)

This nonfiction book for middle-grade readers tells the story of the Witness Blanket, a work by Indigenous artist Carey Newman. For 150 years, thousands of Indigenous children were taken from their families and sent to residential schools across Canada. Newman created the Witness Blanket to make sure that history is never forgotten. The Witness Blanket is a living work of art, a collection of hundreds of objects from those schools including everything from photos and dolls to piano keys. This book is both a collection of truths and a beacon of hope.



I've always been an avid reader but what a joy it is to share my passion with hundreds of other Reading Enthusiasts, changing the world one page at a time!

—Mikele Haskins-Delmore, Northeastern Jurisdiction President

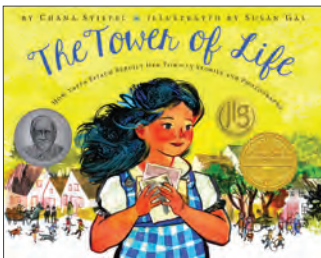


SITTI'S BIRD: A GAZA STORY

MALAK MATTAR

CROCODILE BOOKS (2024)

From Palestinian artist Malak Mattar comes this slice-of-life narrative that explores how painting helped her overcome the fear and isolation she experienced as a child living in Gaza with her parents. One day while she is in school, bombings begin. She spends the next 50 days at home with her parents worrying and feeling scared, until one day she picks up her paintbrush. Her story brings warmth and wonder to children as it tells of her rebirth as an artist during the 2014 airstrikes on Gaza.



THE TOWER OF LIFE: HOW YAFFA ELIACH REBUILT HER TOWN IN STORIES AND PHOTOGRAPHS

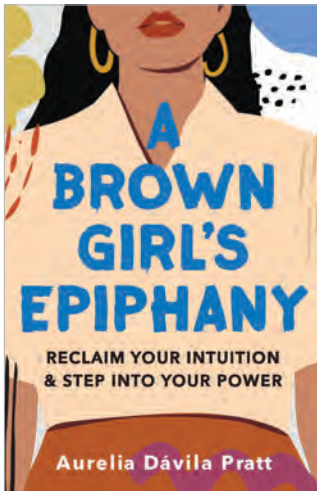
CHANA STIEFEL

SCHOLASTIC PRESS (2022)

This moving biography helps young readers understand the motivation behind the woman who created The Tower of Faces, a powerful exhibit at the United States Holocaust Memorial Museum in Washington, DC. Yaffa was just a girl when Nazi soldiers invaded her childhood home of Eishyshok, a beautiful Polish town brimming with light and laughter. Nearly 3,500 Jewish souls, including her family, friends, and neighbors, were erased. After the war, Yaffa made it her life's mission to recover thousands of her town's photographs from around the world. Using these photos, she built her amazing exhibit.

“ I credit the Reading Program for opening my eyes to situations, perspectives, and events that I never had been aware of in the past. It has challenged me to read beyond my comfort level, explore my faith, and be aware of the world beyond my personal experience.

—Jana Jones, Reading Program Committee Chair

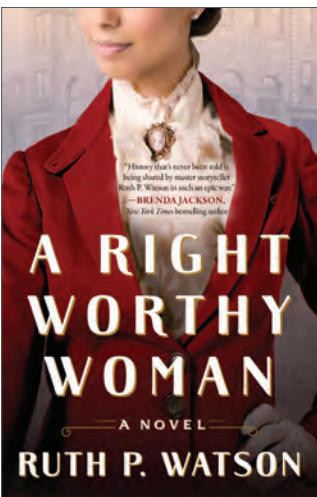


A BROWN GIRL'S EPIPHANY: RECLAIM YOUR INTUITION AND STEP INTO YOUR POWER

AURELIA DÁVILA PRATT

BROADLEAF BOOKS (2022)

In this book, Texas pastor, writer, and podcaster Aurelia Dávila Pratt invites people to step out of the harmful belief systems informed by white supremacy and scarcity and into healthy paradigms of abundance, liberation, and power. Pratt, a woman of color who finds joy in helping people live into the fullness of their God-given divine image, urges people to embrace the truth of imago Dei as our catalyst for healing so we can set down the burdens of traumas, triggers, and painful experiences that have shaped our existence in this world. **(L)**

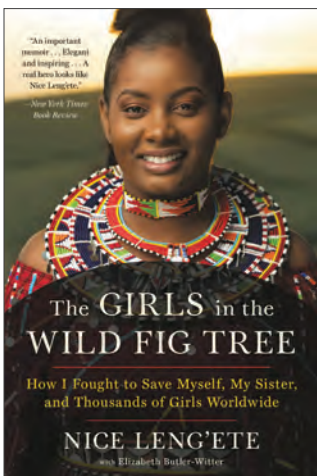


A RIGHT WORTHY WOMAN: A NOVEL

RUTH P. WATSON

ATRIA BOOKS (2023)

Based on the inspiring true story of Virginia's Black Wall Street, *A Right Worthy Woman* tells the story of the indomitable Maggie Lena Walker, the daughter of a formerly enslaved woman who became the first Black woman to establish and preside over a bank in the United States. She went from schoolteacher to secretary-treasurer of the Independent Order of St. Luke, founder of a newspaper, a bank, and a department store where Black customers were treated with respect. Bestselling novelist Patti Callahan Henry calls this a "remarkable and stirring" work.

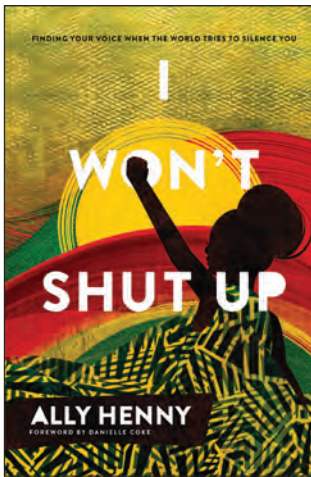


THE GIRLS IN THE WILD FIG TREE: HOW I FOUGHT TO SAVE MYSELF, MY SISTER, AND THOUSANDS OF GIRLS WORLDWIDE

NICE LENG'ETE

LITTLE, BROWN AND COMPANY (2021)

This memoir from Kenyan human rights activist Nice Leng'ete shares how she went from "heartbroken child and community outcast, to leader of the Maasai." As an orphaned young girl taken in by her uncle, Nice defied cultural convention and fled from female genital cutting. She ultimately became the first in her family to attend college and, supported by Amref Health Africa, works to end female genital mutilation and replace it with alternative rites of passage. Through her work with Amref, she has helped save an estimated 15,000 girls from the cut and forced childhood marriages. **(V)**

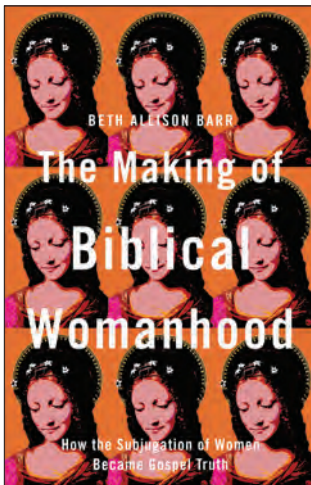


I WON'T SHUT UP: FINDING YOUR VOICE WHEN THE WORLD TRIES TO SILENCE YOU

ALLY HENNY

BAKER BOOKS (2023)

White cultural norms. White beauty standards. White noise. To all of this and more, Ally Henny is here to say, “No. I am a loud Black woman, and I won’t shut up.” A writer, speaker, advocate-minister, and vice president of The Witness: A Black Christian Collective, Henry tells her own story of finding her voice, pushing back against oppression, and embracing her unique perspective. And she invites readers to find their voice in a world that tries to silence so many.

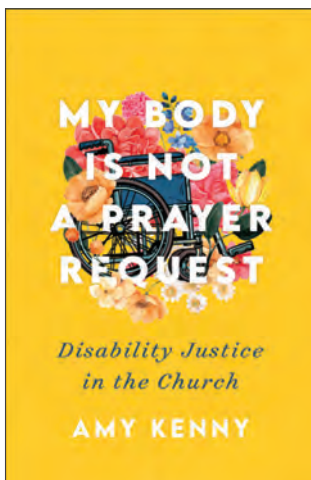


THE MAKING OF BIBLICAL WOMANHOOD: HOW THE SUBJUGATION OF WOMEN BECAME GOSPEL TRUTH

BETH ALLISON BARR

BRAZOS PRESS (2021)

This *USA Today* bestseller moves the conversation about biblical womanhood beyond Greek grammar and into the realm of church history—ancient, medieval, and modern—to show that this belief is not divinely ordained but a product of human civilization that continues to creep into the church. Interweaving her story as a Baptist pastor’s wife, Barr sheds light on the #ChurchToo movement and abuse scandals in Southern Baptist circles and the broader evangelical world, helping readers understand why biblical womanhood is more about human power structures than the message of Christ.

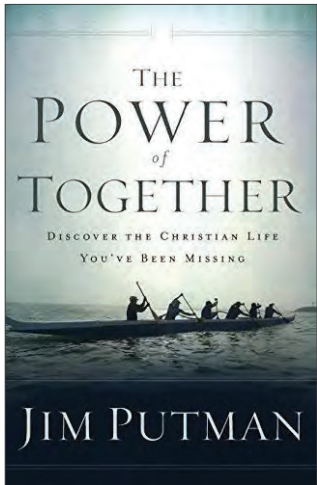


MY BODY IS NOT A PRAYER REQUEST: DISABILITY JUSTICE IN THE CHURCH

AMY KENNY

BRAZOS PRESS (2022)

Offering a unique blend of personal storytelling, fresh and compelling writing, biblical exegesis, and practical application, this book from disabled scholar Amy Kenny invites readers to create a more inclusive community in the church. Kenny reflects on her experiences inside the church to expose unintentional ableism and cast a new vision for Christian communities to engage in disability justice. Winner of the 2023 Silver Book Award. *Sojourners* calls it “a book the church desperately needs.”



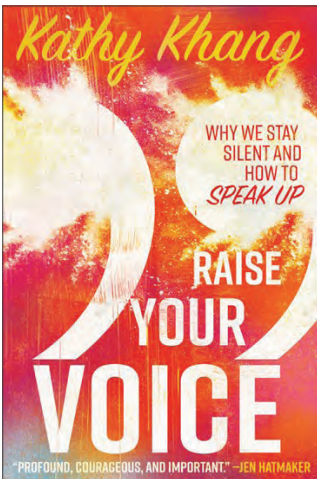
THE POWER OF TOGETHER: DISCOVER THE CHRISTIAN LIFE YOU'VE BEEN MISSING

JIM PUTMAN

BAKER BOOKS (2016)

Dive into *The Power of Together* as pastor and author Jim Putman uncovers the core of true discipleship: relationship. Putman offers an in-depth, biblical look at how Jesus always invited people into relationship with himself. He loved them with God's perfect love and, in the process, showed everyone around him that the act of following God is the act of extending and receiving love that endures all things.

Book available in English & Korean.

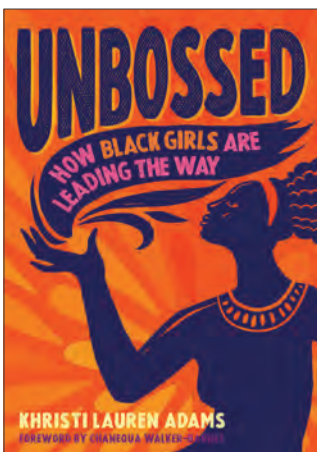


RAISE YOUR VOICE: WHY WE STAY SILENT AND HOW TO SPEAK UP

KATHY KHANG

INTERVARSITY PRESS (2018)

This powerful book from author, speaker, and podcaster Kathy Khang addresses what it looks like to raise our voice in a culture that often encourages silence—particularly when race, ethnicity, and gender are factors. Khang argues that our voice and identity are rooted in the image of God. Because God created us in our ethnicity and gender, our voice is uniquely expressed through the totality of who we are. Khang offers insights on when and how to speak, how to hear God's invitation to steward our authentic voice, and how to communicate the good news in a messed-up world.



UNBOSSSED: HOW BLACK GIRLS ARE LEADING THE WAY

KHRISTI LAUREN ADAMS

BROADLEAF BOOKS (2022)

Unbossed is a hopeful and riveting inquiry into the lives of eight young Black women who are agitating for change and imagining a better world. Offering practical lessons in leadership, resilience, empathy, and tenacity from a group of young leaders of color who are often neglected, *Unbossed* includes profiles of Jaychele Nicole Schenck, Ssanyu Lukoma, Tyah-Amoy Roberts, Grace Callwood, Hannah Lucas, Amara Ifeji, Stephanie Younger, and Kynneddy Smith. Adams is a speaker, advocate, ordained Baptist minister, and award-winning author of *Parable of the Brown Girl*. She is the founder and director of The Becoming Conference, designed to empower, educate, and inspire teenage girls.



SET—Check out the youth version of this book on page 15 of this catalog.



LEADERSHIP DEVELOPMENT



WE ARE NOT HERE TO BE BYSTANDERS: A MEMOIR OF LOVE AND RESISTANCE

LINDA SARSOOR

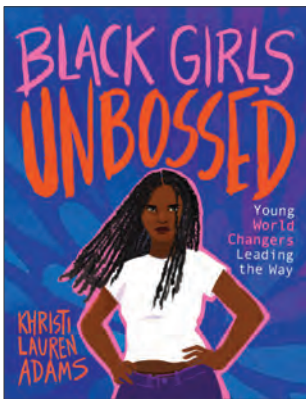
37 INK (2021)

This powerful memoir from the co-organizer of the Women's March shares how growing up Palestinian Muslim American, feminist, and empowered moved her to become a globally recognized activist on behalf of marginalized communities across the country. From the Brooklyn bodega her father owned, where Linda learned the real meaning of intersectionality, to protests in the streets of Washington, D.C., her experience is a moving portrayal of what it means to find one's voice and use it for the good of others.



SET—Check out the youth version of this book
on page 16 of this catalog.

Youth Books



BLACK GIRLS UNBOSSSED: YOUNG WORLD CHANGERS LEADING THE WAY

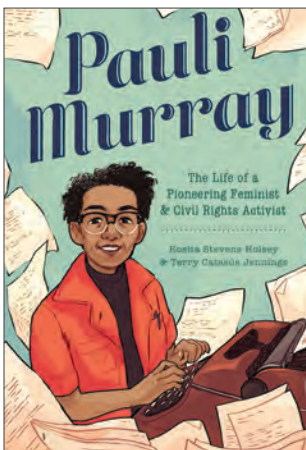
KHRISTI LAUREN ADAMS

BEAMING BOOKS (2022)

This middle grade version of Khristi Lauren Adams' *Unbossed* takes a look at eight powerful young Black women who are agitating for change and imagining a better world. Like their foremothers in earlier freedom movements, these Black girls are transformational leaders. They are pacesetters, strategic thinkers, visionaries, mobilizers, activists, and more. Their stories may often be overlooked. But Black girls are leading the way. Readers explore profiles of Jaychele Nicole Schenck, Ssanyu Lukoma, Tyah-Amoy Roberts, Grace Callwood, Hannah Lucas, Amara Ifeji, Stephanie Younger, and Kynneddy Smith.



SET—Check out the adult version of this book
on page 14 of this catalog.



PAULI MURRAY: THE LIFE OF A PIONEERING FEMINIST & CIVIL RIGHTS ACTIVIST

ROSITA STEVENS-HOLSEY & TERRY CATASÚS JENNINGS

YELLOW JACKET (2022)

Pauli Murray was a queer civil rights and women's rights activist before any movement advocated for either. In 1944, she conceptualized the arguments that would win *Brown v. Board of Education of Topeka*, and in 1964, the arguments that won women equality in the workplace. Throughout her life, she fought for the oppressed, not only through changing laws but by using her prose to influence those who could affect change. Her goal was human rights and dignity for all. This biography of Pauli Murray is a groundbreaking new nonfiction book intended for the middle-grade audience written in verse.

Suitable for youth & children.



WE'RE IN THIS TOGETHER: A YOUNG READER'S EDITION OF WE ARE NOT HERE TO BE BYSTANDERS

LINDA SARSOURL

SALAAM READS/SIMON & SCHUSTER BOOKS FOR YOUNG READERS (2022)

This empowering young readers' edition tells the story of Women's March co-organizer and activist Linda Sarsour. Here, Sarsour shares the memories that shaped her into the activist she is today, and how pivotal moments in her life led her to become an organizer in one of the largest single-day protests in United States history. The book is a moving portrayal of what it means to find your voice in your youth and use it for the good of others as an adult.



SET—Check out the adult version of this book on page 15 of this catalog.

Children's Books

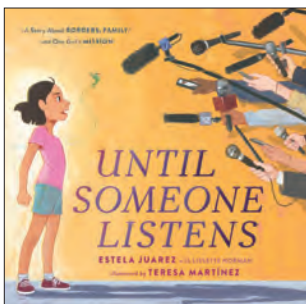


LOVE IS LOUD: HOW DIANE NASH LED THE CIVIL RIGHTS MOVEMENT

SANDRA NEIL WALLACE

SIMON & SCHUSTER/PAULA WISEMAN BOOKS (2023)

This nonfiction picture book shares the life of Diane Nash, a civil rights leader who worked alongside Martin Luther King Jr. and John Lewis. Diane grew up in the South Side of Chicago in the 1940s. As a university student, she visited the Tennessee State Fair in 1959. Shocked to see a bathroom sign that read "For Colored Women," Diane learned that segregation in the South went beyond schools—it was part of daily life. She decided to fight back, not with anger or violence, but with strong words of truth and action.



UNTIL SOMEONE LISTENS: A STORY ABOUT BORDERS, FAMILY AND ONE GIRL'S MISSION

ESTELA JUAREZ

ROARING BROOK PRESS (2022)

When Estela Juarez was eight, her mother was deported to Mexico. This heart-wrenching, autobiographical story shares how, in Estela's own words, Estela learns to find her voice and use it to make change. She wrote letters to local newspapers, Congress, the president, and anyone else who could help. She wrote and wrote and wrote until, finally, someone listened. A Bookstagang Best Picture Book of 2022.

Book available in English & Spanish.

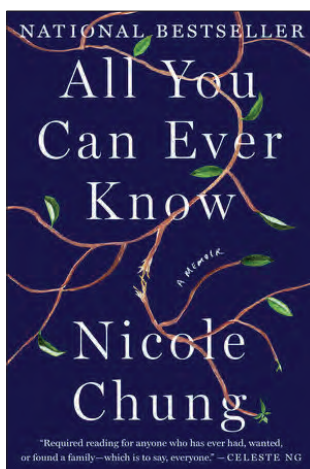


ALL THAT IS SECRET (AN ANNALEE SPAIN MYSTERY)

PATRICIA RAYBON

TYNDALE HOUSE PUBLISHERS (2021)

This is the first book in the Annalee Spain Mysteries, an exciting “history mystery” featuring a young Black theologian—a fan of Sherlock Holmes—who solves crimes during Colorado’s dangerous 1920s Klan years. In the winter of 1923, Professor Annalee Spain receives a cryptic telegram calling her home to Denver to solve the mystery of the murder of her beloved but estranged father. For a young Black woman, searching for answers in a city ruled by the KKK could mean real danger. Still, she launches her hunt for clues, attracting two surprising allies and following clues that land her among Denver’s powerful elite.



ALL YOU CAN EVER KNOW: A MEMOIR

NICOLE CHUNG

CATAPULT (2018)

Named a Best Book of the Year by more than 20 outlets, including NPR, *The Washington Post*, and *TIME Magazine*, this memoir details the life of Nicole Chung. Born premature, Chung was placed for adoption by her Korean parents, and raised by a White family in a sheltered town. But as she grew up—facing prejudice her adoptive family couldn’t see and finding her identity as an Asian American and as a writer—she wondered if the story she’d been told was the whole truth. Chung tells of her search for the people who gave her up, which coincided with the birth of her own child.

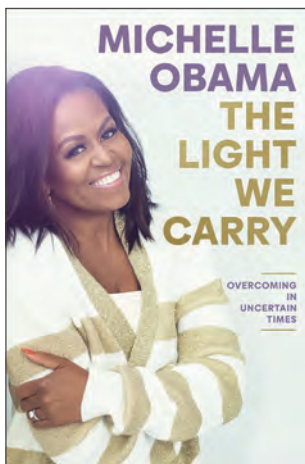


THE FIRST ADVENT IN PALESTINE: REVERSALS, RESISTANCE, AND THE ONGOING COMPLEXITY OF HOPE

KELLEY NIKONDEHA

BROADLEAF BOOKS (2022)

Writer, liberation theologian, and community development practitioner Kelley Nikondeha is known for highlighting Palestinian voices and rights. In this book, she takes us back to the first Advent, where the landscape of Palestine is once again the geographic, socioeconomic, and political backdrop for the Advent story. This thought-provoking examination invites readers into a season of discovery, one that is realistic and honest and yet still wonders at the goodness of God’s grace. **(V)**



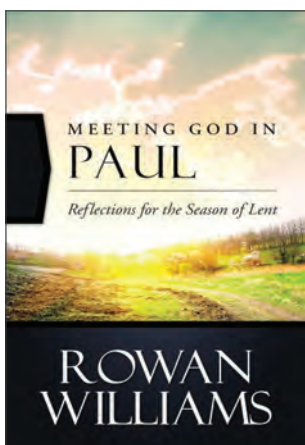
THE LIGHT WE CARRY: OVERCOMING IN UNCERTAIN TIMES

MICHELLE OBAMA

CROWN (2022)

In this follow-up to her acclaimed memoir, former First Lady Michelle Obama shares practical wisdom and powerful strategies for staying hopeful and balanced in today's highly uncertain world. She opens a frank dialogue with readers, considering the questions many of us wrestle with: How do we build enduring and honest relationships? How can we discover strength and community inside our differences? What tools do we use to address feelings of self-doubt or helplessness? What do we do when it all starts to feel like too much? A *New York Times* and *USA Today* bestseller.

Book available in English, Korean, & Spanish.



MEETING GOD IN PAUL: REFLECTIONS FOR THE SEASON OF LENT

ROWAN WILLIAMS

WESTMINSTER JOHN KNOX PRESS (2015)

From Welsh Anglican bishop, theologian, and poet Rowan Williams comes this powerful reflection of the essential meaning and purpose of Paul's letters as Christians prepare for the Lenten season. Williams, who was the 104th Archbishop of Canterbury (2002–2012), places a special focus on the social world of Paul and the "dangerous newness" that was Christianity, as well as the specific ways the behavior and language of the Christian community were being molded and shaped in Paul's time. Easy to read and packed with illuminating spiritual insights. Questions for reflection or group discussion are provided for each chapter.

Book available in English & Korean.

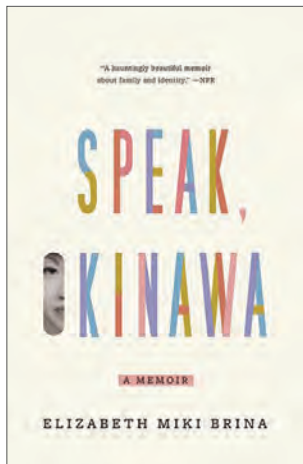


SEVEN TRANSFORMING GIFTS OF MENOPAUSE: AN UNEXPECTED SPIRITUAL JOURNEY

CHERYL BRIDGES JOHNS

BRAZOS PRESS (2020)

Pastor and theologian Cheryl Bridges Johns brings readers this unique but much-needed reflection on the spiritual aspect of menopause, a dramatic but largely overlooked developmental window to the second half of life. The book gets to the very heart of the midlife journey, helping women find their unique voice and speak their truth in an era of #MeToo and #ChurchToo. Coming alongside readers as a wise spiritual guide, Johns identifies seven key developmental "tasks" of menopause and gives practical ways women can embrace each one. She encourages women to view these tasks as gifts as they experience the remarkable physical, emotional, and spiritual transformation that occurs in this stage of life.



SPEAK, OKINAWA: A MEMOIR

ELIZABETH MIKI BRINA

VINTAGE (2022)

Elizabeth's mother was working as a nightclub hostess in Okinawa when she met the American soldier who became her husband. The language barrier and power imbalance followed them to the predominantly white, upstate New York suburb where they moved to raise their only daughter. Decades later, Elizabeth comes to recognize the shame and self-loathing that haunt both her and her mother and attempts a form of reconciliation, not only to come to terms with the embattled dynamics of her family but also to reckon with the injustices that reverberate throughout the history of Okinawa and its people. A heartfelt exploration of identity, inheritance, forgiveness, and what it means to be an American. **(V) (S)**



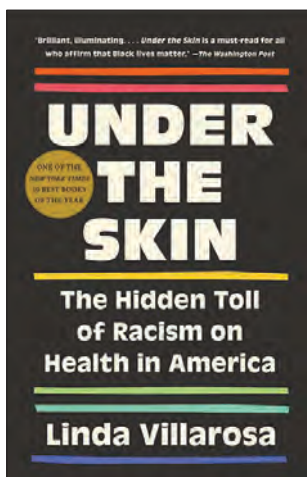
START WITH HELLO:

(AND OTHER SIMPLE WAYS TO LIVE AS NEIGHBORS)

SHANNAN MARTIN

REVELL (2022)

This enlightening book addresses how a simple path can lead to a far more deeply connected life. Many people live detached, distracted, and divided from their communities. In *Start with Hello*, Martin invites readers into deeper connection through basic resets, street-level practices, and real-talk storytelling. It's a field guide for a life of security, camaraderie, and joy. For example, Martin shares: An open door is greater than perfect décor. Familiar is greater than fussy. And tender is greater than tough.



UNDER THE SKIN: THE HIDDEN TOLL OF RACISM ON AMERICAN LIVES AND ON THE HEALTH OF OUR NATION

LINDA VILLAROSA

DOUBLEDAY (2022)

From an award-winning writer and a contributor to the 1619 Project comes this landmark book that uncovers racial health disparities in America, revealing the toll racism takes on individuals and the health of our nation. Villarosa lays bare the forces in the American health care system and American society that cause Black people to "live sicker and die quicker" compared to their White counterparts. Study after study of medical settings show worse treatment and outcomes for Black patients, who live in dirtier, more polluted communities due to environmental racism and neglect from all levels of government. Coping with the daily scourge of racism ages Black people prematurely.



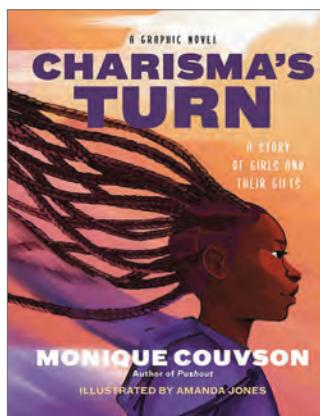
ALL MY RAGE

SABAATAHIR

RAZORBILL (2023)

This heart-wrenching contemporary novel and National Book Award winner tackles family and forgiveness, love and loss, in a sweeping story that crosses generations and continents. Salahudin and Noor are more than best friends; they are family. Growing up as outcasts in the small desert town of Juniper, California, they understand each other the way no one else does until The Fight destroys their bond. When Sal's attempts to save his immigrant family's motel spiral out of control, he and Noor must ask themselves what friendship is worth—and what it takes to defeat the monsters in their pasts and in their midst. **(V)**

Book available in English & Spanish.

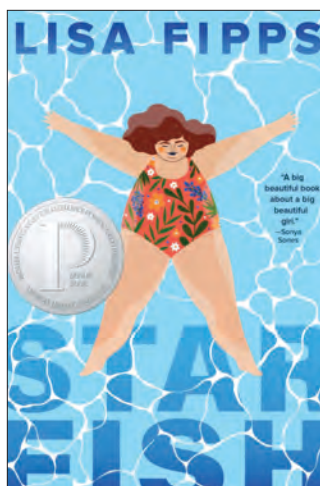


CHARISMA'S TURN: A GRAPHIC NOVEL

MONIQUE COUVSON

THE NEW PRESS (2023)

Named one of the Young Adult Library Services Association's 2024 Great Graphic Novels for Teens, this inspiring graphic novel addresses what can happen when Black girls are given the opportunity to find their genuine power. Charisma is grappling with mounting pressures from home and school. When frustrations with her family intersect with a conflict at school, she reaches a crossroads, facing a choice that could change her future.



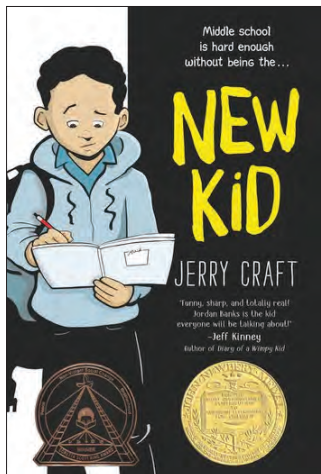
STARFISH

LISA FIPPS

VINTAGE ESPAÑOL/NANCY PAULSEN BOOKS, AN IMPRINT OF PENGUIN PUBLISHING GROUP (2023)

From award-winning former journalist and author Lisa Fipps comes this Printz Honor winner about Ellie, who is tired of being fat shamed. Ever since Ellie wore a whale swimsuit at her fifth birthday party, she's been bullied about her weight. To cope, she tries to live by the Fat Girl Rules. But in her safe space—her swimming pool—she feels a weightless world. In the water, she can stretch herself out like a starfish and take up all the room she wants. Fortunately, Ellie has allies in her dad, her therapist, and her new neighbor. With this support buoying her, Ellie might finally be able to cast aside the Fat Girl Rules and starfish in real life.

Book available in English & Spanish.



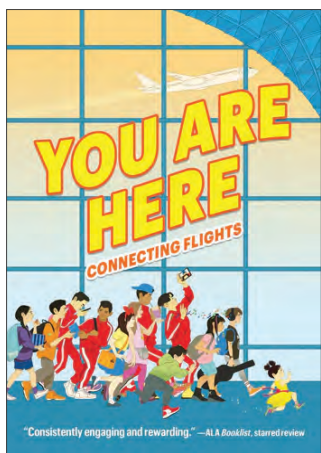
NEW KID

JERRY CRAFT

QUILLTREE BOOKS (2019)

Seventh grader Jordan Banks loves nothing more than drawing cartoons about his life. But instead of sending him to art school, his parents enroll him in a prestigious private school known for its academics, where Jordan is one of the few kids of color in his entire grade. As he makes the daily trip from his Washington Heights apartment to the upscale school, Jordan soon finds himself torn between two worlds—and not really fitting into either one. Winner of the Newbery Medal, Coretta Scott King Author Award, and Kirkus Prize for Young Readers' Literature.

Book available in English & Spanish.



YOU ARE HERE: CONNECTING FLIGHTS

EDITED BY ELLEN OH

ALLIDA (2024)

In this book written by 12 powerhouse Asian American authors, an incident at a TSA security checkpoint sows chaos and rumors, creating a chain of events that impacts a group of young Asian Americans in a crowded and restless airport. As their disrupted journeys crisscross and collide, they encounter fellow travelers—some helpful, some hostile—as they discover the challenges of friendship, the power of courage, the importance of the right word at the right time, and the unexpected significance of a blue Stratocaster electric guitar.

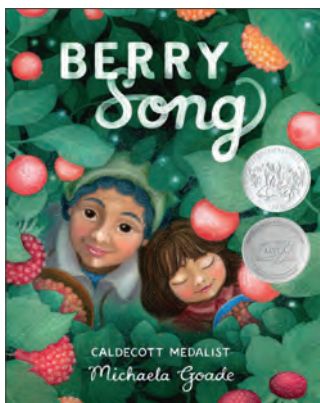


... for wisdom is better than jewels, and all that you may desire cannot compare with her.

Proverbs 8:1–21

“The Gifts of Wisdom”

Scriptural basis for the Reading Program

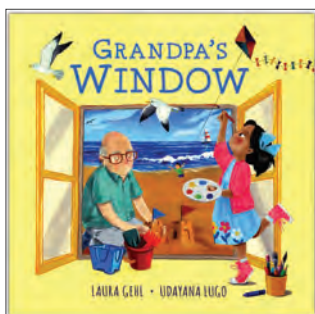


BERRY SONG

MICHAELA GOADE

LITTLE, BROWN BOOKS FOR YOUNG READERS (2022)

This Caldecott Honor Book and Indie Bestseller is a gorgeous celebration of the land and the powerful wisdom of elders. On an island at the edge of a wide, wild sea, a girl and her grandmother gather gifts from the earth. Salmon from the stream, herring eggs from the ocean, and in the forest, a world of berries. Through the seasons, they sing to the land as the land sings to them. Goade's luminous rendering offers an invitation to readers to deepen their own relationship with the earth.



GRANDPA'S WINDOW

LAURA GEHL

FLYAWAY BOOKS (2023)

When Daria visits Grandpa in the hospital, she marvels at the view of the ocean outside his window. She and Grandpa look out at the beach, hoping they will build sandcastles and fly kites together again. *Grandpa's Window* addresses the grieving process, both as a family member approaches the end of life as well as after death. The book includes a note for adults by Dr. Sharie Coombes, child and family psychotherapist, about how to support children who are grieving the loss of a loved one.

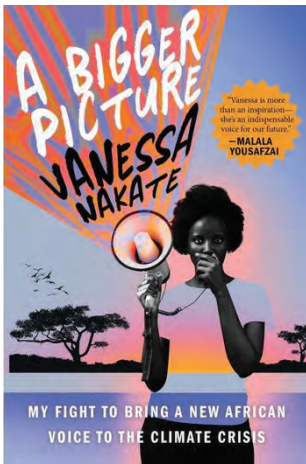


SOMETHING HAPPENED IN OUR TOWN

MARIANNE CELANO, MARIETTA COLLINS, & ANN HAZZARD

MAGINATION PRESS (2018)

From three psychologists involved in community advocacy efforts focused on children's behavioral health and social justice comes this New York Times and #1 Indiebound bestseller centered on two families—one White, one Black—as they discuss a police shooting of a Black man in their community. The story aims to answer children's questions about such traumatic events and to help children identify and counter racial injustice in their own lives.

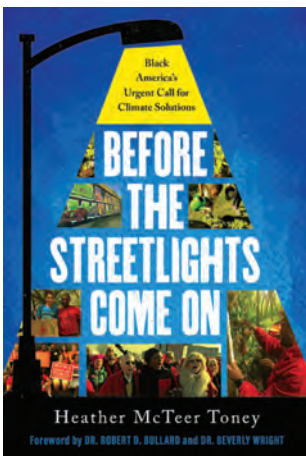


A BIGGER PICTURE: MY FIGHT TO BRING A NEW AFRICAN VOICE TO THE CLIMATE CRISIS

VANESSA NAKATE

MARINER BOOKS (2021)

This book from leading climate justice activist Vanessa Nakate, founder of the Rise Up Movement and the Vash Green Schools Project, offers a new perspective on one of the biggest issues of our time. Nakate shares her story as a young Ugandan woman who sees that her community bears disproportionate consequences to the climate crisis. At the same time, she sees that activists from African nations and the Global South are not being heard in the same way as activists from White nations are heard. Inspired by Sweden's Greta Thunberg, in 2019 Nakate became Uganda's first Fridays for Future protestor, awakening to her personal power and summoning a commanding political voice.

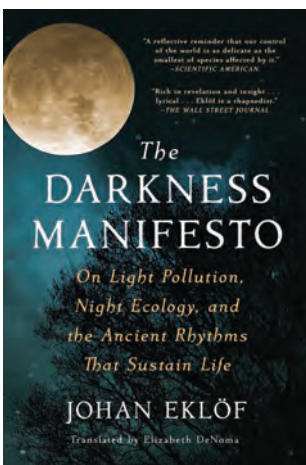


BEFORE THE STREETLIGHTS COME ON: BLACK AMERICA'S URGENT CALL FOR CLIMATE SOLUTIONS

HEATHER MCTEERTONEY

BROADLEAF BOOKS (2023)

From attorney, environmentalist, speaker, and writer Heather McTeer Toney comes this formidable call for climate change. Yet while it is a voter issue, an economy driver, and a defining dynamic for the foreseeable future, Toney argues that in Black communities, climate change is seen as less urgent when compared to other pressing issues, including police brutality, gun violence, job security, food insecurity, and the blatant racism faced daily around the country. But with Black Americans disproportionately impacted by the effects of climate change, it is a central issue of racial justice and affects every aspect of life for Black communities.



THE DARKNESS MANIFESTO: ON LIGHT POLLUTION, NIGHT ECOLOGY, AND THE ANCIENT RHYTHMS THAT SUSTAIN LIFE

JOHAN EKLÖF

SCRIBNER (2023)

In this well-researched book, Swedish conservationist Johan Eklöf urges readers to appreciate natural darkness, its creatures, and its unique benefits. He also reveals the startling domino effect of diminishing darkness: insects, dumbfounded by streetlamps, failing to reproduce; birds blinded and bewildered by artificial lights; and bats starving as they wait in vain for insects that only come out in the dark. For humans, light-induced sleep disturbances impact hormones and weight and can contribute to mental health problems. The street lamps, floodlights, and neon signs of cities are altering entire ecosystems. Translated by Elizabeth DeNoma.



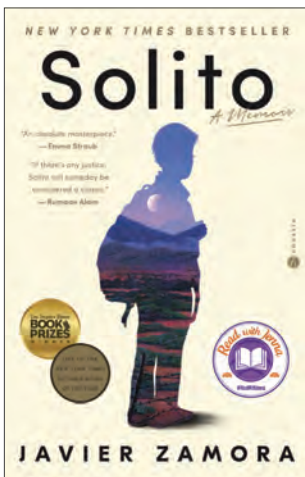
OUR MISSING HEARTS: A NOVEL

CELESTE NG

PENGUIN BOOKS (2023)

Twelve-year-old Bird Gardner lives a quiet existence with his father, a former linguist who now shelves books in a university library. His mother Margaret, a Chinese American poet, left without a trace when he was nine years old. He doesn't know what happened to her—only that her books have been banned—and he resents that she cared more about her work than about him. Then one day, Bird receives a mysterious letter containing only a cryptic drawing, and soon he is pulled into a quest to find her. Named a Best Book of 2022 by *People*, *TIME Magazine*, *The Washington Post*, *USA Today*, NPR, and more.

Book available in English & Spanish.



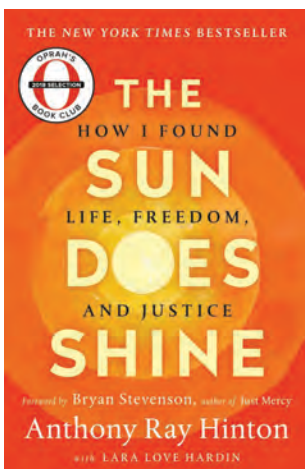
SOLITO: A MEMOIR

JAVIER ZAMORA

HOGARTH (2023)

Salvadoran poet Javier Zamora offers a memoir about his 3,000-mile journey from his small town in El Salvador, through Guatemala and Mexico, and across the U.S. border to reunite with a mother who left four years ago and a father he barely remembers. Traveling alone amid a group of strangers and a "coyote" hired to lead them to safety, he expects his trip to last two short weeks. He cannot foresee the perilous boat trips, relentless desert treks, pointed guns, and arrests that await him; nor can he know those two weeks will expand into two life-altering months alongside fellow migrants who will come to encircle him like family. **(V)**

Book available in English & Spanish.



THE SUN DOES SHINE: HOW I FOUND LIFE AND FREEDOM ON DEATH ROW

ANTHONY RAY HINTON

ST. MARTIN'S GRIFFIN (2019)

In 1985, Hinton was arrested and charged with two counts of capital murder in Alabama. Stunned, he knew it was a case of mistaken identity. But with no money and a different system of justice for a poor Black man in the South, Hinton was sentenced to death by electrocution. He spent his first three years on Death Row in agonizing despair and anger. But as Hinton realized and accepted his fate, he resolved not only to survive but find a way to live, becoming a beacon to his fellow inmates, 54 of whom were executed mere feet from his cell. Hinton won his release in 2015.

Book available in English & Spanish.

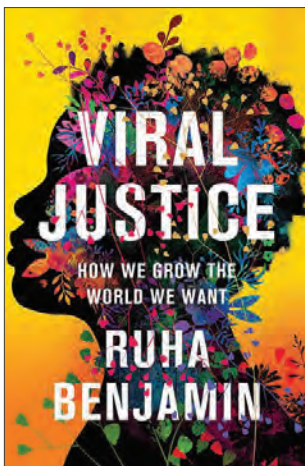


TIME: THE UNTOLD STORY OF THE LOVE THAT HELD US TOGETHER WHEN INCARCERATION KEPT US APART

FOX RICHARDSON & ROB RICHARDSON

BAKER BOOKS (2023)

Fox and Robert Richardson endured 21 years as an incarcerated family. Together they have six sons and continue their advocacy for incarcerated families through Participatory Defense, which they founded with the vision of “changing lives and laws through love.” The Academy Award-nominated documentary “Time” introduced audiences to Fox and Rob, who riveted audiences with their relentless fight for each other and justice, despite America’s broken prison system. This book tells the rest of their story. In alternating voices and intimate detail, Fox and Rob reveal how a person can cultivate the radical love needed to see them through any hardship and how miracles can happen on the way. **(L)**



VIRAL JUSTICE: HOW WE GROW THE WORLD WE WANT

RUHA BENJAMIN

PRINCETON UNIVERSITY PRESS (2022)

Ruha Benjamin is a sociologist and a professor in the Department of African American Studies at Princeton University. The twin plagues of COVID-19 and anti-Black police violence inspired her to rethink the importance of small, individual actions. Part memoir, part manifesto, *Viral Justice* is a sweeping and deeply personal exploration of how we can transform society through the choices we make every day. Vividly recounting her personal experiences and those of her family, Benjamin shows how seemingly minor decisions and habits could spread virally and have exponentially positive effects.



WHAT WE OWE THE FUTURE

WILLIAM MACASKILL

BASIC BOOKS (2023)

In this instant *New York Times* bestseller, renowned philosopher William MacAskill puts forth the case for longtermism: how positively influencing the distant future is our time’s key moral priority. As MacAskill shares, it’s not enough to reverse climate change or avert a pandemic. We must ensure that civilization would rebound if it collapsed; counter the end of moral progress; and prepare for a planet where the smartest beings are digital.

Book available in English & Korean.



I RISE

MARIE ARNOLD

VERSIFY (2022)

From Haitian-born children's author Marie Arnold comes what is a love letter to Harlem and hope. Fourteen-year-old Ayo has to decide whether to take on her mother's activist role when her mom is shot by police. As she tries to find answers, Ayo looks to the wisdom of her ancestors and her Harlem community for guidance. This impactful and unforgettable novel takes on the important issues of inequality, systemic racism, police violence, and social justice.

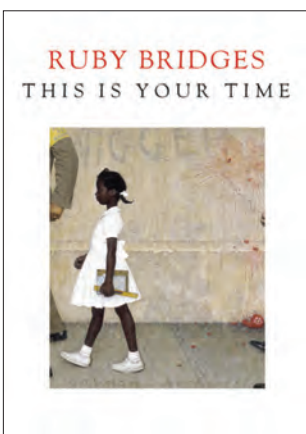


THE SUM OF US (ADAPTED FOR YOUNG READERS): HOW RACISM HURTS EVERYONE

HEATHER MCGHEE

YEARLING (2024)

The New York Times bestseller has been adapted for a new generation of young readers, leaders, thinkers, and activists, examining how racism affects and harms all of us and how we need to face it head-on, together. McGhee examines how damaging racism is, not only to people of color but also to white people. She offers hope and real solutions so all can prosper. An expert in economic policy, McGhee draws lessons both from her work at a think tank and from her travels around the country talking to everyday Americans fighting for a more just and inclusive society.



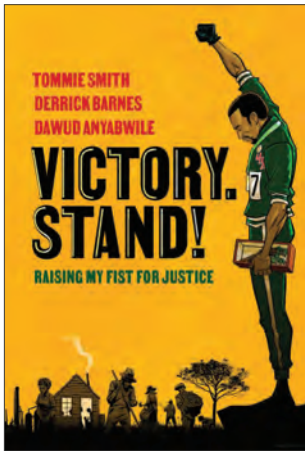
THIS IS YOUR TIME

RUBY BRIDGES

DELACORTE PRESS (2020)

This *New York Times* bestseller and CBC Kids' Book Choice Award winner tells the tale of civil rights icon Ruby Bridges—who, at the age of six, was the first Black child to integrate into an all-white elementary school in New Orleans. Written as a letter from civil rights activist and icon Ruby Bridges to the reader, the book is both a recounting of Ruby's experience and an appeal to generations to come to effect change.

Suitable for youth & children.



VICTORY. STAND! RAISING MY FIST FOR JUSTICE

TOMMIE SMITH, DERRICK BARNES, & DAWUD ANYABWILE
NORTON YOUNG READERS (2022)

On October 16, 1968, during the medal ceremony at the Mexico City Olympics, Tommie Smith, the gold medal winner in the 200-meter sprint, and John Carlos, the bronze medal winner, raised their black-gloved fists to protest racial injustice inflicted upon African Americans. Both men were forced to leave the Olympics, received death threats, and faced ostracism and continuing economic hardships. In his first-ever memoir for young readers, Tommie Smith looks back on his childhood growing up in rural Texas through to his stellar athletic career, culminating in his historic victory and Olympic podium protest. Black-and-white illustrations throughout.

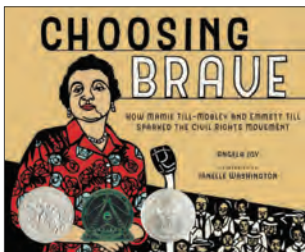
Children's Books



AN ASIAN AMERICAN A TO Z: A CHILDREN'S GUIDE TO OUR HISTORY

CATHY LINH CHE & KYLE LUCIA WU
HAYMARKET BOOKS (2023)

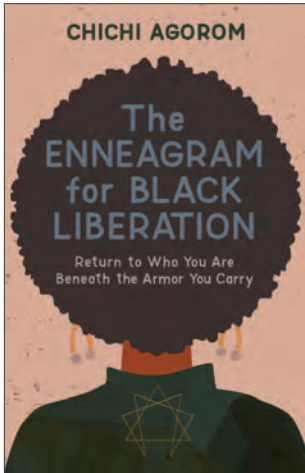
Written by the directors of Kundiman—an organization dedicated to nurturing Asian American writers—An Asian American A to Z is a book for children of all backgrounds and a vital resource for tomorrow's organizers. Co-authors Cathy Linh Che and Kyle Lucia Wu take us on a journey through stories of celebration and resistance: the Third World Liberation Front, the Muslim Ban, Japanese American incarceration camps, Padma Lakshmi, Rashida Tlaib, Sunisa Lee, and more. It is a history of struggle, but also one of great triumph, brought to life with colorful and dynamic illustrations.



CHOOSING BRAVE: HOW MAMIE TILL-MOBLEY AND EMMETT TILL SPARKED THE CIVIL RIGHTS MOVEMENT

ANGELA JOY
ROARING BROOK PRESS (2022)

This picture book biography of Mamie Till-Mobley, the mother of Emmett Till, helps young readers understand how she channeled grief over her son's death into a call to action for the civil rights movement. At age 14, Emmett Till was brutally murdered while visiting the South in 1955. His death became a rallying point for the civil rights movement, but few know that it was his mother who was the catalyst for bringing his name to the forefront of history. A thorough and moving story masterfully crafted to be both comprehensive and suitable for younger readers. **(V)**



THE ENNEAGRAM FOR BLACK LIBERATION: RETURN TO WHO YOU ARE BENEATH THE ARMOR YOU CARRY

CHICHI AGOROM

BROADLEAF BOOKS (2024)

From certified Enneagram teacher, writer, and psychotherapist Chichi Agorom comes this exploration of how the Enneagram can be a powerful tool for Black women to rediscover wholeness and worth that existed long before systems of supremacy said they weren't enough. Breaking down each Enneagram type as a form of armor, this book offers practices to help Black women, and all who live on the margins, begin to build a sense of self separate from our mechanisms of self-protection, while working to dismantle the systems that require us to stay constantly armored up.

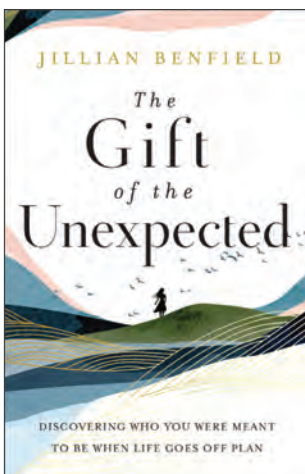


FORGIVING WHAT YOU CAN'T FORGET

LYSA TERKEURST

THOMAS NELSON (2020)

Have you ever felt stuck in a cycle of unresolved pain, playing offenses over and over in your mind? In this book, author and president of Proverbs 31 Ministries Lysa TerKeurst shares how to let go of bound-up resentment and overcome the resistance to forgiving people who aren't willing to make things right. With rich Bible teaching coming out of more than 1,000 hours of theological study, Terkeurst will help readers learn how to move on when the other person refuses to change and never says they're sorry, achieve freedom from the past, discover what the Bible really says about forgiveness, and more.

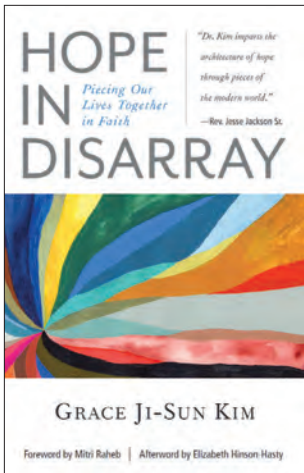


THE GIFT OF THE UNEXPECTED: DISCOVERING WHO YOU WERE MEANT TO BE WHEN LIFE GOES OFF PLAN

JILLIAN BENFIELD

BETHANY HOUSE PUBLISHERS (2023)

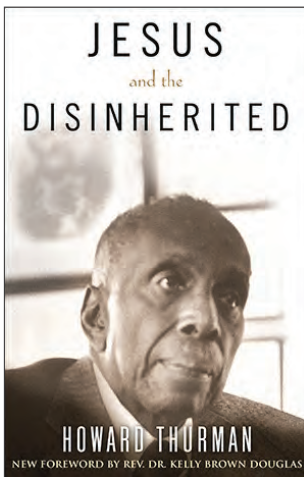
What if the unexpected is the beginning of becoming your truest self? In this book, former journalist and news anchor Jillian Benfield addresses how receiving a life-altering diagnosis for her unborn son changed her in ways she couldn't have imagined. Overcoming this unexpected circumstance wasn't an option. She would have to undergo it instead. In doing so, she discovered who she was and who God wanted her to become.



HOPE IN DISARRAY: PIECING OUR LIVES TOGETHER IN FAITH

GRACE JI-SUN KIM
PILGRIM PRESS (2020)

Scholar and theologian Grace Ji-Sun Kim reflects on the practice of sustaining hope during turbulence and injustice through this illuminating collection of essays that invite a conversation on culture, faith, creation, and identity. *Hope in Disarray* takes the world's pain seriously to ignite intentional, revolutionary, and integrated living. The Rev. Jesse Jackson Sr. called it an "urgent call for solace in a world caught in the crux of disorder and chaos."



JESUS AND THE DISINHERITED

HOWARD THURMAN
BEACON PRESS (1996)

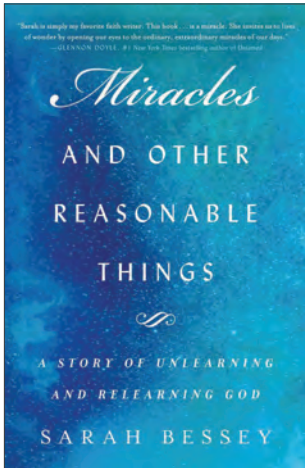
Howard Thurman (1899–1981) was hailed by *LIFE* as one of the great preachers of the twentieth century. He served as spiritual advisor to Martin Luther King Jr., Sherwood Eddy, James Farmer, A. J. Musty, and Pauli Murray, and he was the first Black dean at a White university and cofounder of an interracial pastored, intercultural church in the United States. Originally published in 1949 and now republished with a new forward by Rev. Dr. Kelly Brown Douglas, Beacon Press brings readers the text that Martin Luther King Jr. sought inspiration from in the days leading up to the Montgomery bus boycott. Thurman's *Jesus and the Disinherited* helped shape the civil rights movement and changed our nation's history forever. As he maintains, hatred does not empower—it decays. Only through self-love and love of one another can God's justice prevail.



LIVING RESISTANCE: AN INDIGENOUS VISION FOR SEEKING WHOLENESS EVERY DAY

KAITLIN CURTICE
BRAZOS PRESS (2023)

Award-winning author, poet-storyteller, public speaker, and enrolled citizen of the Potawatomi Nation, Kaitlin Curtice offers a reclaiming of the term "resistance." Curtice shows that we can learn to practice embodied ways of belonging and connection to ourselves and one another through everyday practices, such as getting more in touch with our bodies, resting, and remembering our ancestors. She explores four "realms of resistance"—the personal, communal, ancestral, and integral—and shows how these realms overlap and why all are needed for liberation and wholeness.



MIRACLES AND OTHER REASONABLE THINGS: A STORY OF UNLEARNING AND RELEARNING GOD

SARAH BESSEY

HOWARD BOOKS (2019)

In this poignant book, Canadian Christian author and blogger Sarah Bessey shares how a serious car accident unexpectedly shook her deeply rooted faith, upending everything she thought she knew and held so dearly. Weaving together theology and memoir in her trademark narrative style, she tells us the story of the moment that changed her body and how it ultimately changed her life. The road of healing leads to Rome where she met the Pope and encountered the Holy Spirit in the last place she expected. She writes about her miraculous healing, learning to live with chronic pain, and the ways God makes people whole in the midst of suffering.



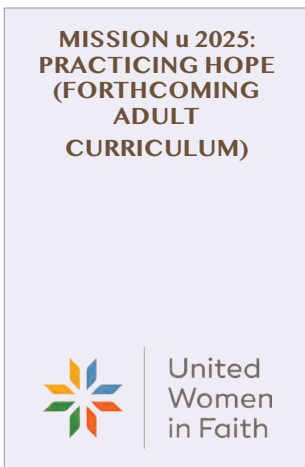
MISSION u CURRICULUM: WELCOME HOME

NEOMI FLETCHER

UNITED WOMEN IN FAITH (2024)

Welcome Home is an adult curriculum that explores how we can know God as an intimate friend who welcomes us. Participants are invited to dig deeper into what it means to live in the kin-dom of God and how this helps us to develop practices for building and existing in healthier communities. Author Neomi Fletcher leads participants through a journey in eight one-hour explorations that start with examining home and redefining what it means in light of Scripture's repeated invitations to dwell with God as individuals, community members, and persons of faith.

Book available in English, Korean, & Spanish.

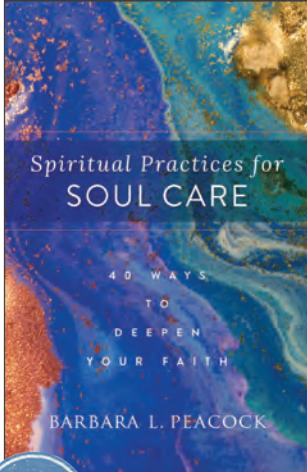


MISSION u 2025: PRACTICING HOPE (FORTHCOMING ADULT CURRICULUM)

UNITED WOMEN IN FAITH (2025)

Forthcoming Adult Mission u Curriculum on the theme of Practicing Hope.

Book to be made available in English, Korean, & Spanish

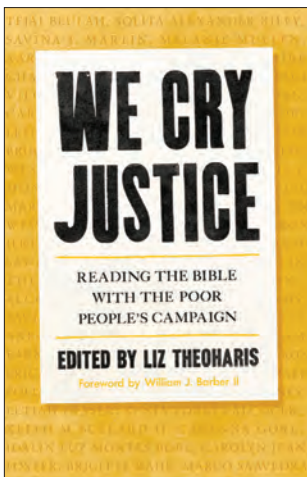


SPIRITUAL PRACTICES FOR SOUL CARE: 40 WAYS TO DEEPEN YOUR FAITH

BARBARA L. PEACOCK

BAKER BOOKS (2023)

In this world of frantic activity and constant entertainment, it can be hard to identify and embrace the rhythms that lead to true flourishing. Here, author and spiritual director Barbara L. Peacock offers a way to integrate inner growth into the realities of your outer life through 40 ways to help put spiritual disciplines into action each day. From prayer and meditation to serving and socializing to resting and healing, these simple, restorative practices will help readers develop the kind of Christian walk they desire.

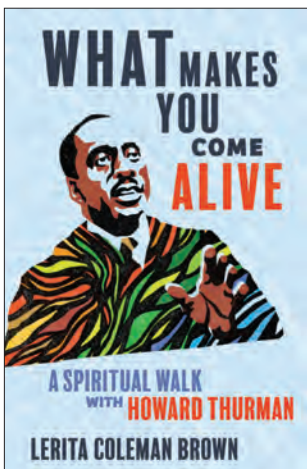


WE CRY JUSTICE: READING THE BIBLE WITH THE POOR PEOPLE'S CAMPAIGN

EDITED BY LIZ THEOHARIS

BROADLEAF BOOKS (2021)

In this powerful and much-needed book, Liz Theoharis, co-chair of the Poor People's Campaign: A National Call for Moral Revival with the Rev. Dr. William J. Barber II, is joined by pastors, community organizers, scholars, low-wage workers, lay leaders, and people in poverty to interpret sacred stories about the poor seeking healing, equity, and freedom. In a world roiled by poverty and injustice, Scripture still speaks. Organized into 52 chapters, each focusing on a key Scripture passage, *We Cry Justice* offers comfort and challenge from the many stories of the poor taking action together.



WHAT MAKES YOU COME ALIVE: A SPIRITUAL WALK WITH HOWARD THURMAN

LERITA COLEMAN BROWN

BROADLEAF BOOKS (2023)

Known as the godfather of the civil rights movement, Howard Thurman championed silence, contemplation, common unity, and nonviolence as powerful dimensions of social change. However, Dr. Lerita Coleman Brown didn't learn about him during her years of spiritual direction training. It was only when a friend heard of her longing to encounter the work of Black contemplatives did she finally learn about Thurman, his mystical spirituality, and his liberating ethic. Here, she beckons readers into their own apprenticeship with Thurman, walking through his inimitable life and commitments as he summons us into centering down, encountering the natural world, paying attention to sacred synchronicity, unleashing inner authority, and recognizing the genius of the religion of Jesus.



THE WILD LAND WITHIN: CULTIVATING WHOLENESS THROUGH SPIRITUAL PRACTICE

LISA COLÓN DELAY

BROADLEAF BOOKS (2021)

In this innovative book, well-known podcaster Lisa Colón DeLay introduces readers to the landscape of the interior world and ways we can heal from trauma and grow in intimacy with God through prayer, devotional practices, and an intimate form of spirituality using insights from the desert elders of Christianity from the first centuries, and the oft-marginalized voices of Black, Latinx, Asian, and Indigenous people. She uses theology and neuroscience to help us work through buried fear or pain and find embodied spiritual healing from trauma.



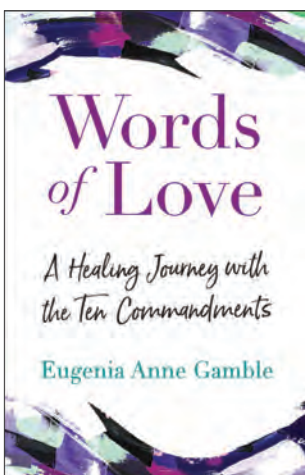
THE WOMEN OF THE BIBLE SPEAK: THE WISDOM OF 16 WOMEN AND THEIR LESSONS FOR TODAY

SHANNON BREAM

BROADSIDE BOOKS (2021)

American journalist and attorney Shannon Bream enables readers to walk closely with 16 women of the Bible, many of whom were central figures in numerous Biblical tales, for example, Queen Esther's bravery at a vital point in history which saved her entire people. The Bible contains warriors like Jael, judges like Deborah, and prophets like Miriam. The first person to witness Jesus' resurrection was Mary Magdalene, who promptly became the first Christian evangelist, eager to share the news that would change the world forever. Bream offers a deeper understanding of each, and wisdom and insights that can transform readers' lives today.

Book available in English & Spanish.

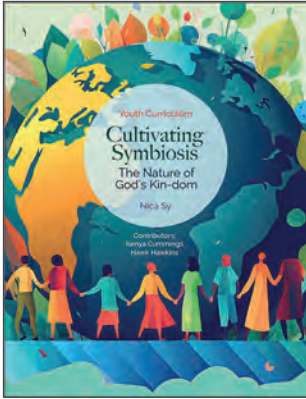


WORDS OF LOVE: A HEALING JOURNEY WITH THE TEN COMMANDMENTS

EUGENIA ANNE GAMBLE

WESTMINSTER JOHN KNOX PRESS (2022)

In this book, retired Presbyterian Church (USA) pastor, award-winning author, retreat leader, congregational consultant, and preaching coach Eugenia Anne Gamble dives into each of the Ten Commandments and examines their application for modern-day Christians, going beyond the letter of the law to a spiritual truth pointing us toward wholeness and well-being. Each chapter includes a spiritual practice and questions for reflection and discussion to help readers engage deeply with the message of each commandment, whether individually or in a group.

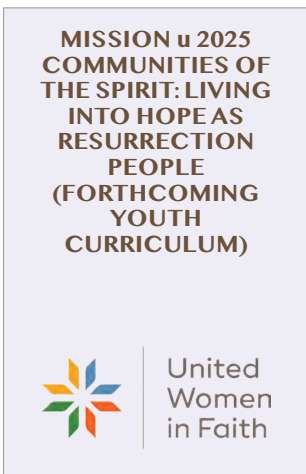


MISSION u CURRICULUM: CULTIVATING SYMBIOSIS: THE NATURE OF GOD'S KIN-DOM

NICA SY

UNITED WOMEN IN FAITH (2024)

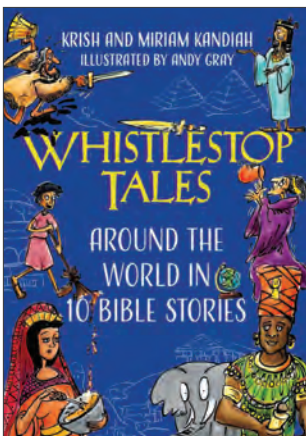
This youth curriculum uses the idea of symbiosis to explore relationships with others and with God. Youth will examine different kinds of relationships and understand them as an ongoing journey toward the kin-dom. There is a symbiosis between relationships to each other as humans and to God. By drawing closer to one another, we can draw closer to the kin-dom. By drawing closer to one another, we can collectively move, step by step, toward creating God's kin-dom on earth as it is in heaven. Through eight one-hour sessions, youth and their facilitators will more deeply explore what it means to live into the kin-dom of God through the lens of symbiosis.



MISSION u 2025: COMMUNITIES OF THE SPIRIT: LIVING INTO HOPE AS RESURRECTION PEOPLE (FORTHCOMING YOUTH CURRICULUM)

UNITED WOMEN IN FAITH (2025)

Forthcoming Youth Mission u Curriculum, *Communities of the Spirit: Living into Hope as Resurrection People*.



WHISTLESTOP TALES: AROUND THE WORLD IN 10 BIBLE STORIES

KRISH KANDIAH & MIRIAM KANDIAH

NAV PRESS (2022)

Whistlestop Tales features 10 Bible stories that illustrate how God uses people from all over the world to accomplish God's purposes. Each story begins with a closer look at the modern-day country where it took place to help anchor the characters in their original context and cultures, providing a new perspective on the lives of these brave men and women. These action-packed stories will encourage children to live out their own unique adventures with God.

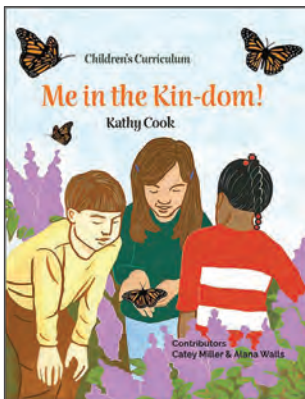
Suitable for youth & children.



THE LITTLE BOOK OF JOY

HIS HOLINESS THE DALAI LAMA & ARCHBISHOP DESMOND TUTU
CROWN BOOKS FOR YOUNG READERS (2022)

In this picture book adaptation of the international bestseller *The Book of Joy*, Nobel Peace Prize winners His Holiness the Dalai Lama and Archbishop Desmond Tutu share their childhood struggles to show young readers how they can thrive and find joy even during the most challenging times. The two spiritual masters tell a simple story, vibrantly brought to life by bestselling illustrator Rafael López, of how every child has joy inside them, even when it sometimes hides, and how we can find it, keep it close, and grow it by sharing it with the world.



MISSION u CURRICULUM: ME IN THE KIN-DOM!

KATHY COOK
UNITED WOMEN IN FAITH (2024)

This children's curriculum helps children explore the kin-dom of God through the lens of the Lord's Prayer. Children will experience how they are unique members of God's kin-dom and learn they are also part of a larger community that welcomes all of God's children. Children will explore many Scriptures that will help them to learn to see, hear, and love as Christ teaches. This enables us to accept each other as God created us to be. Each session includes Scripture study, discussion, music, artistic expression, and even some opportunities for children to participate in outreach to others.

**MISSION u 2025:
HOPE AS
RESURRECTION
PEOPLE
(FORTHCOMING
CHILDREN'S
CURRICULUM)**



United
Women
in Faith

MISSION u 2025: HOPE AS RESURRECTION PEOPLE (FORTHCOMING CHILDREN'S CURRICULUM)

UNITED WOMEN IN FAITH (2025)

Forthcoming Children's Mission u Curriculum on the theme of Hope as Resurrection People.



2025 BONUS BOOKS

Read Together Discussion Guide

This year's Reading Program Bonus Books are *The Girl with the Louding Voice*, a novel by Abi Daré, *We Are Not Here to Be Bystanders: A Memoir of Love and Resistance*, by Linda Sarsour, and *Spiritual Practices for Soul Care: 40 Ways to Deepen Your Faith*, a guide to spiritual growth by Barbara Peacock.

These books offer three distinct and powerful reading experiences:

- Abi Daré's novel, *The Girl with the Louding Voice*, takes the reader across the globe through the story of Adunni, a Nigerian girl wrestling with poverty and gender-based oppression in a context of stark inequality. This story simultaneously unsettles and inspires as it invites readers to learn about real contemporary social issues for girls through a fast-paced fictional story.
- Linda Sarsour, author of *We Are Not Here to Be Bystanders* and the youth companion volume *We're in This Together*, is a longtime advocate for Muslim American communities and a lead organizer of the 2017 Women's March. She shares her deep experience as a Brooklyn-based community organizer, intersectional activist, and Palestinian American Muslim woman of faith.
- Barbara L. Peacock, author of *Spiritual Practices for Soul Care*, takes us on a 40-chapter journey to deepen our walk with Jesus Christ. Each chapter highlights a different "-ing" spiritual practice – a verb-laden form of soul care—while making the connection to Scripture, highlighting examples, and inviting the reader into reflection on putting the practice into action.

Each of this year's Bonus Books could form a powerful center point for a United Women in Faith Reading Program Read Together group. In the following pages, you'll find some suggestions for how you might use these books in creative and innovative ways to start a new group or provide content for existing groups.

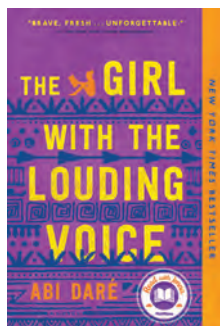
Of course, Bonus Books are not the only 2025 Reading Program books that can be a powerful foundation for shared learning, personal growth, and community discussion. Additionally, these are not the only ways you might use them.

We hope these ideas will inspire you, and that you will modify, adapt, and build what works best for your community. If you use the Reading Program books to create new groups or revitalize existing groups, please let us know how it goes so we can continue to learn and grow together! You can share your inspired ideas, questions, and reflections on our United Women in Faith Digital group at **bit.ly/reading-enthusiasts-MN**.



THE GIRL WITH THE LOUDING VOICE

ABI DARÉ



This coming-of-age novel tells the story of Adunni, a 14-year-old girl growing up in a rural Nigerian village who longs to get an education so she can find her “louding voice” and speak up for herself. Despite the obstacles in her path, Adunni never loses sight of her goal of escaping her life of poverty so she can build the future she chooses—and help other girls like her do the same. The debut novel from Abi Daré, who grew up in Nigeria and now lives in the United Kingdom, was an instant *New York Times* bestseller.

What This Book Offers:

- Category: Education for Mission
- Genre: Novel
- Focus on global social justice issues for women and girls.
- Fast-paced, inspiring novel with a strong female lead
- May appeal to readers who are interested in these topics but don't like reading nonfiction
- Available in multiple languages

Creative Ways to Use This Book:

- Introduce United Women in Faith to your broader community by hosting a book discussion on *The Girl with the Louding Voice* at a local library, coffee shop, or community center.
- Pair your church-based book discussion of this Education for Mission bonus book with a fundraising challenge. Ask each member who attends to bring a small donation, above and beyond their usual pledge to mission, to support the international work of United Women in Faith.

Sample Discussion Questions:

These questions were developed by 2024–2025 Office of Racial Justice seminary intern Samantha Nyachoto.

1. Who was your favorite character in the book and why?
2. “It was Mama who was paying for school fees and rent moneys and feeding money and everything money before she was dead” (5). Women are not celebrated or recognized for their work but are expected to be in the household only. Can you state any similarities in cultural and social attitudes towards patriarchy in America and any other context that you have experienced?
3. Adunni and Enitan have different life priorities. One aspires to be a teacher and the other to be married. Marriage of young girls is considered an achievement in Adunni's village and many villages today. What is your take on the two characters and how can we advocate to change this perspective?



4. "This is your wife now, from today till forever, she is your own. Do her anyhow you want. Use her till she is useless!" (37). These words from Adunni's father to Morufu permit him to abuse her. Discuss how you felt as you read this section.
5. Jungle justice and cultural practices are some factors that lead to immoral practices. How do you think things would have been different in the case of Khadija if she had been rushed to the hospital?
6. After embarking on this journey with Adunni, what does a "louding voice" mean to you and how does one achieve it? What sort of future do you imagine for Adunni?
7. Big Daddy was notorious and abused all the girls who came to help with house chores. Without Kofi's interference, Adunni would have been another victim in this house like Rebecca. Discuss what could have been done better in Rebecca's situation.
8. Discuss the benefits that Adunni gained from her relationships with Khadija and Tia. Conversely, in what ways, if any, do these characters benefit from their interactions with Adunni?
9. Education plays a prominent role in the book, especially for Adunni who is determined to attain it one day. Where does Adunni's faith in the power of education come from? What role does this belief in education play for her during her journey?
10. How would you describe Big Madam and Big Daddy's relationship? Do you feel any sympathy for Big Madam? Why? Why not?
11. Adunni felt like a prisoner in Big Madam's house as a housemaid. Why do you think Big Madam continually abuses Adunni? What do you think gives Adunni the strength to endure? Compare and contrast the environment that housemaids are exposed to in your context.

Going Deeper:

While Adunni is a fictional character, her story reflects the experiences of many girls today. United Women in Faith submitted a resolution to The United Methodist Church's most recent General Conference entitled **The Girl Child**. This resolution, which passed with wide support, speaks to some of those realities. It also calls for the church to act on behalf of girls globally. Read the resolution here: uwfaithresources.org/prodDetail.cfm?productID=10267&catid=2209. Reflect on what your church can do to fulfill the call to action in The Girl Child.



WE ARE NOT HERE TO BE BYSTANDERS: A MEMOIR OF LOVE AND RESISTANCE

LINDA SARSOUR



This powerful memoir from the co-organizer of the Women's March shares how growing up Palestinian Muslim American, feminist, and empowered moved her to become a globally recognized activist on behalf of marginalized communities across the country. From the Brooklyn bodega her father owned, where Linda learned the real meaning of intersectionality, to protests in the streets of Washington, D.C., her experience is a moving portrayal of what it means to find one's voice and use it for the good of others.

What This Book Offers:

- Category: Leadership Development
- Genre: Memoir
- Focuses on bold, faith-based women's leadership
- Explores contemporary intersectional justice issues in the United States
- Provides insights into Islam and an opportunity for interfaith learning

Creative Ways to Use This Book:

- Host an intergenerational book discussion. Young readers can use the youth companion volume, *We're in This Together: A Young Readers Edition of We Are Not Here to Be Bystanders*, also a part of the 2025 Reading Program.
- Host an interfaith book discussion. Partner with the women's group at a local mosque, synagogue, or other community of faith to co-host a discussion of *We Are Not Here to Be Bystanders*.

Sample Discussion Questions:

1. Linda Sarsour begins her memoir by recounting a keynote speech she gave using words from one of her religious tradition's sacred texts and the subsequent public response. What do you make of this story? What does it teach us about bold leadership?
2. What does Linda Sarsour's decision to wear the hijab mean to her?
3. Linda Sarsour describes herself as "my Palestinian grandmother's wildest dream" (212). Who are your foremothers? In what ways do you embody (or not) the dreams of your ancestors?
4. Why does the campaign for Eid al-Adha and Eid al-Fitr school holidays matter to Linda Sarsour, her daughter, and her community? What holidays are recognized by your local public school calendar? How do different communities in your town/city feel about that?
5. What did you learn from Linda Sarsour's memoir about the surveillance and criminalization of Muslim Americans after 9/11?



6. In “The Women Who Marched,” Linda Sarsour describes her experience planning the Women’s March. What did you learn from her reflections about how we can be in right relationship with each other across lines of difference as we move forward with the difficult, messy, and extraordinarily vital work of building a powerful, intersectional, antiracist women’s movement?
7. Linda Sarsour writes, “As a mother and activist, I contend that it is up to reasonable people of all faiths to stand against hate, whether it is leveled at your child or mine” (117). How can we, as women of faith, take a stand against hate on behalf of all children? Think of at least one concrete action you can take this month, individually or as a group, to act on your commitment.
8. What does Linda Sarsour say about the school-to-prison pipeline and the criminalization of Black communities and other communities of color? What do you learn from the stories she shares?
9. What does the interaction between Yaba (Sarsour’s father) and Jerome, in Chapter 3, teach Sarsour (and us) about restorative justice?
10. Linda Sarsour concludes her book by sharing her experience at a march calling for “Justice for Saheed!” Read the last paragraph of the epilogue aloud and discuss it together, lingering especially on the last sentence: “As I made my way through the roar of voices toward my sisters, my own fist pumping in the air, no one but God heard me whisper: This is where I belong” (239).
11. Though Linda Sarsour once believed that she “was destined to walk the path of activism with a gnawing sense of being spiritually alone,” she comes to believe that she is “richly supported. God had sent me companions for the journey, and sisters of the heart” (166). Why might a committed social justice leader need to have this kind of soul sisterhood to support her? Do you have a sisterhood to support you?
12. “I’ve often reflected that God made me so tenacious and stubborn because he knew I’d need such qualities in my line of work” (231). What gifts has God planted in you? How do these gifts and qualities equip you to pursue justice and act in love in your own unique way?

More on interfaith gatherings:

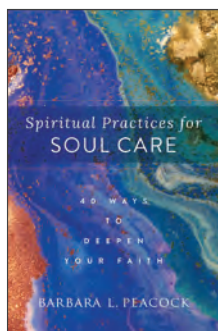
If you choose to host an interfaith book club discussion in partnership with a local mosque, synagogue, or other community of faith, you will want to take extra care in your approach. If possible, try to build a multireligious planning team that works together in advance to thoughtfully plan details like:

- Where will you meet? Keep in mind equity and inclusion. Do not assume that a larger or more well-resourced space is automatically the better host location.
- Who will co-facilitate the discussion? Identifying a strong, multireligious team to be your discussion co-facilitators is a great way to show by example that you value all women’s voices and seek to make a meaningful space for all participants.
- What food will be served? Inquire about the dietary needs of different religious traditions and honor all participants.
- What will be the flow of your gathering? What discussion questions will you use? What are your group’s guidelines? Recognize that what may be “obvious” to some group members might be new for others.



SPIRITUAL PRACTICES FOR SOUL CARE: 40 WAYS TO DEEPEN YOUR FAITH

BARBARA L. PEACOCK



In this world of frantic activity and constant entertainment, it can be hard to identify and embrace the rhythms that lead to true flourishing. Here, author and spiritual director Barbara L. Peacock offers a way to integrate inner growth into the realities of your outer life through 40 ways to help put spiritual disciplines into action each day. From prayer and meditation to serving and socializing to resting and healing, these simple, restorative practices will help readers develop the kind of Christian walk they desire.

What This Book Offers:

- Category: Spiritual Growth
- Genre: This book has 40 chapters, each of which includes:
 - a spiritual practice for soul care
 - a Scripture focus related to the practice
 - a soul care leader who exemplifies that practice
 - a prayer
 - two reflection questions
- Focuses on soul care, a high priority for women of faith
- Interactive style lends itself to individual devotional use and/or group discussion

Creative Ways to Use This Book:

- Create a text-based spiritual growth small group experience for busy women who crave soul care but can never find the time to meet. You can use a group messaging platform, like WhatsApp, or even a simple text thread, to create a virtual small group experience. This is an asynchronous option that allows participants to read, reflect, and comment when it is best for them.
- Use this book as content for a bring-a-friend in-person spiritual growth retreat or weekly small group book discussion at your church, home, or another community-based location.

Sample Discussion Formats:

Spiritual Practices for Soul Care: 40 Ways to Deepen Your Faith includes questions within the text, itself. At the end of each of the 40 chapters, the author poses two reflection questions related to putting the spiritual practice “in action.” These are very fruitful questions for personal reflection and/or group discussion. How you use these questions depends on how frequently your group is meeting/communicating and the format of your gathering. Here are a few examples of how you might approach this:



- **40 Touchpoints (Daily), Text-Based, Asynchronous:** You might consider doing this as a 40-day study for Lent or during another special time of the year in your church calendar. If you are touching base with each other after each chapter, you can use the two reflection questions at the end of each “-ing” chapter as a simple plug-and-play guide for the group’s reflection. Invite participants to read the day’s chapter and then respond to the two questions at the end in the group chat thread. Of course, if any member would rather not share a response to a particular question, she is welcome to pass.
- **Seven Touchpoints (Weekly), Virtual or In-Person Small Group:** If you are touching base with each other after each “Part” (every four to seven chapters), then you might want to plan which of the reflection questions you will address, selecting those that seem most fruitful for your group. You may also want to ask larger reflective questions when you meet, such as: “Which of this section’s spiritual practices is easiest/hardest for you to incorporate in your own life? Why?” You might consider beginning or closing your sessions with the ever-popular Wesleyan question “How is it with your soul?” This lends itself well to a seven-week, short-term discipleship small group that meets at someone’s home, at church, in the community, on Zoom, or by conference call.
- **One or Two Touchpoints, Virtual or In-Person Gathering:** If you are touching base with each other just once or twice (e.g. at the start and end of your reading journey), you may want to ask that participants journal privately about the reflection questions contained within the book and use your one or two gatherings to reflect on larger questions related to the experience of engaging this soul care book, such as:
 - How is it with your soul? (The ultimate in Methodist questions!)
 - Why are you interested in a book group on soul care?
 - What soul care practices are part of your life right now?
 - What additional soul care practices are you taking on after reading *Spiritual Practices for Soul Care*?
 - How can we continue to support one another on our soul care journey?

And, of course, you can mix and match approaches in any number of ways. The best approach for you will depend on your particular context and the preferences of the women in your community.

Whatever format you choose, hosting a soul care book group is about more than just learning from the content of Barbara Peacock’s powerful book, it is also about building a spiritual community of care. Make space for participants to share joys, concerns, and prayer requests. Whether you touch base just once or 40 times, pray for your group and encourage members of your group to pray for one another.

Did you know...?

When United Women in Faith surveyed women across The United Methodist Church, including current members and nonmembers, they found that the strongest need, across all age groups, was for soul care.

For more on United Women in Faith’s soul care resources, check out uwfaith.org/events/soul-care-retreats.

REPORT OF COMPLETION REQUIREMENTS

(Send completed form to your Secretary of Program Resources or equivalent according to your conference's schedules.)

NAME:		PLAN CHOSEN:	I	II	III	IV
CURRENT YEAR:						

MISSION EMPHASES	Education for Mission	
	Leadership Development	
	Nurturing for Community	
	Social Action	
	Spiritual Growth	

I have completed the required reading for PLAN I. The books I have read are listed on this form.

LOCAL UNIT
DISTRICT
CONFERENCE
PRINT NAME
ADDRESS
CITY, STATE, ZIP

CERTIFICATE OF RECOGNITION

This certifies that

has completed plan _____ of
the Reading Program of United Women in Faith
and is hereby awarded this certificate by

Presented on the _____ day of _____, 20____



United
Women
in Faith

Program Resources Coordination/Management

President

Queridas lectoras de Mujeres Unidas en la Fe:

Una intensa lluvia matutina golpea las ventanas de mi apartamento mientras les escribo esta carta. El trabajo del día me reclama, los niños despiertan y la bandeja de entrada se acumula. Sin embargo, la lluvia sigue cayendo y me encuentro anhelando ese maravilloso trío de comodidad: una manta suave, una taza humeante de té y un gran libro.

Ya sea que tenga un ritual diario disciplinado de lectura con la meditación matutina en su silla favorita, o que adopte un enfoque más improvisado, con un libro en rústica metido en su bolso para leer sobre la marcha, usted ha llegado a este catálogo porque cree en el poder de la página. Las lectoras de Mujeres Unidas en la Fe se involucran de muchas maneras diferentes. Algunas de nosotras escuchamos audiolibros mientras vamos al trabajo. Algunas de nosotras saboreamos las horas de la noche para zambullirnos en cada capítulo una y otra vez. Algunas de nosotras emprendemos una sesión de lectura intensiva el día antes de la fecha de devolución a la biblioteca. Algunas leemos solas y otras formamos parte de grupos de lectura en la iglesia, en línea o en nuestra comunidad. Sea cual sea la forma que funcione para usted, ¡le invitamos a unirse a nosotros en este poderoso viaje de lectura!

El Programa de Lectura de Mujeres Unidas en la Fe está diseñado para ayudar a las mujeres de fe a alcanzar cinco objetivos clave: profundizar en nuestro crecimiento espiritual, fortalecer nuestras habilidades de liderazgo, equiparnos para la misión local y global, participar en acciones fieles para el bien común y construir comunidad de diversas formas, a escala pequeña y amplia. Los libros son actuales y cubren una amplia variedad de temas. Participar en uno de los planes del Programa de Lectura en cualquiera de los cuatro niveles, o incluso leer solo uno o dos libros de este catálogo, puede ayudarle a crecer. Cualquier persona, en cualquier lugar, puede participar, ya sea que integre a Mujeres Unidas en la Fe o apenas nos esté conociendo.

La lectura nos permite viajar por el mundo. Nunca tuve la alegría de visitar Nigeria, pero la novela de Abi Darè, *The Louding Voice* [La voz que no calla], encogió los más de 5000 kilómetros entre las ciudades de Nueva York y Lagos. Al entrar en el mundo imaginario de Adunni, la protagonista adolescente, mi mente y mi corazón se abrieron un poco más a las preocupaciones de mis hermanas nigerianas. Por otro lado, la hermosa memoria de Linda Sarsour, *We Are Not Here to Be Bystanders* [No estamos aquí para ser simplemente espectadores], me inspiró con su testimonio sobre el poder de la organización interseccional, al tiempo que me recordaba que practicar la verdadera hermandad requiere intencionalidad. Aunque la Sra. Sarsour y yo compartimos la misma ciudad, nuestras identidades son bastante diferentes. Mientras ella relataba sus experiencias como activista estadounidense musulmana palestina nacida en Brooklyn, me encontré asintiendo en reconocimiento y, además, conectando los puntos de una manera que no había hecho antes. Por supuesto, a veces los abismos más difíciles de cruzar, las mayores contradicciones y las fosas más profundas no provienen del otro lado del planeta o incluso de la propia ciudad, sino más bien de las tensiones que sentimos dentro de nuestra alma. Nombramos y reclamamos nuestra relación con Dios como mujeres cristianas, pero ¿prestamos siempre atención a las prácticas que nutren la más fundamental de las relaciones? A veces, el espacio entre lo que somos y lo que anhelamos ser puede sentirse como la distancia más lejana de todas. *Spiritual Practices for Soul Care* [Prácticas espirituales para el cuidado del alma], de Barbara Peacock, nos ofrece 40 herramientas prácticas para profundizar en nuestra caminata cristiana. Los Bonus Books de este año, junto con las otras ofertas de nuestro Programa de Lectura 2025, son un poderoso punto de partida tanto para la reflexión personal como para la conversación significativa.

Alentamos a los participantes del Programa de Lectura a que consideren este catálogo como una herramienta que pueden utilizar tanto individualmente como en grupo:

- **Para individuos:** Elija un Plan del Programa de Lectura y seleccione los libros que leerá. ¡Comience a leer! Cuando haya terminado, complete el formulario de informe y entrégelo a su coordinador de Recursos del Programa a nivel del distrito o de la conferencia, para recibir un Certificado de Reconocimiento, que se otorga anualmente. Consulte con el coordinador de Recursos del Programa sobre los plazos y el proceso para el reconocimiento en su conferencia/distrito.
- **Para grupos:** Utilice este catálogo para seleccionar uno o más libros que todos leerán y analizarán juntos. Casi todos los libros en el catálogo de este año son adecuados para la discusión en grupo. Aun así, si está buscando un lugar para comenzar rápidamente, hemos creado una sección especial (¡nueva este año!) en este catálogo que comparte formas en las que puede usar nuestros tres Bonus Book para el debate en grupo.

Las encuestas recientes sugieren que el 30 por ciento de los adultos estadounidenses experimentan sentimientos de soledad al menos una vez por semana. Es probable que muchas de estas personas estén en sus comunidades, quizás incluso en su iglesia. ¡Considere esto como su llamado a la acción! Abra sus grupos a otras mujeres de su comunidad que puedan buscar una forma de vincularse y crecer. Sea diligente en su práctica de invitar con gracia e intencionalidad. Y si aún no tienen una forma de leer y crecer juntas en su comunidad, considere si este puede ser un nuevo ministerio que valga la pena explorar. Considere la posibilidad de comenzar un nuevo grupo en su iglesia local o iniciar un nuevo grupo accesible para todos por fuera de la estructura tradicional. Es un bálsamo para el alma compartir en una hermandad de lectoras llenas de espíritu comprometidas a crecer juntas y a compartir el viaje.

Bendiciones, ¡y feliz lectura!

Paz,

Emily Jones



Emily Jones
Directora Ejecutiva de Justicia Racial
Mujeres Unidas en la Fe



PREGUNTAS FRECUENTES



- **¿Dónde puedo encontrar los libros?**

Puede acceder a los libros en su biblioteca pública local, en su librería comercial preferida o por un proveedor en línea. También puede comprar la mayoría de los libros de este Programa de Lectura en **bookshop.org/shop/uwfaith**. Mujeres Unidas en la Fe recibe el 10 por ciento de todas las compras realizadas en nuestras estanterías virtuales.



- **¿Cómo puedo recibir reconocimiento por participar en el Programa de Lectura de forma individual?**

Complete los Planes del Programa de Lectura I, II, III o IV. Complete el formulario de informe disponible en la sección de recursos al final de este catálogo. Envíe el formulario de informe al Coordinador de Recursos del Programa de distrito o conferencia o a la persona designada. Póngase en contacto con el equipo de liderazgo de su distrito/conferencia para obtener los detalles relevantes, incluido el plazo de entrega. Todos los miembros y amigos de Mujeres Unidas en la Fe que completen un Plan y envíen el formulario de manera oportuna son elegibles para recibir el Certificado Anual de Reconocimiento.



- **¿Cómo puedo utilizar los recursos del Programa de Lectura en un entorno grupal?**

El Programa de Lectura proporciona un excelente contenido, tanto para reuniones regulares de las unidades como para nuevas reuniones de miembros de All Access. Ya sea que su grupo se reúna de manera presencial o de manera virtual, leer juntas un libro puede proporcionar un poderoso terreno en común. Los libros en el Programa de Lectura están especialmente seleccionados para ayudar a las mujeres a crecer espiritualmente, fortalecer sus habilidades de liderazgo y equiparse para una acción social más efectiva, construcción de comunidad y servicio público. Leer y analizar un libro compartido también puede facilitar el comienzo de conversaciones significativas entre mujeres que aún no se conocen bien. También puede ser una forma de conectar con nuevas mujeres e invitarlas a nuestra hermandad. Considere invitar a sus debates de libros de Programas de Lectura a mujeres que todavía no son integrantes de Mujeres Unidas en la Fe. Explore la posibilidad de organizar grupos en lugares no tradicionales, como bibliotecas públicas, cafeterías o parques. Intente reunirse en horarios accesibles para mujeres en una variedad de situaciones de vida, incluidas aquellas que trabajan a tiempo completo durante el día o que tienen grandes responsabilidades de cuidado. Puede desarrollar sus propias preguntas de discusión para cualquiera de los libros en el Programa de Lectura o comenzar con las preguntas de muestra para los Bonus Books de este año, disponibles en la sección de recursos al final de este catálogo.



• ¿Qué recursos sustentan el aprendizaje intergeneracional?

En cada categoría se incluyen selecciones de libros para niñas, niños y jóvenes. Además, la lista de 2025 incluye varios conjuntos de libros intergeneracionales, incluidas las versiones para jóvenes y adultos de *We Are Not Here to Be Bystanders/We're in This Together*, de Linda Sarsour, y *Black Girls Unbossed/Unbossed*, de Khristi Laurel Holmes.

• ¿Qué años del Programa de Lectura son elegibles para obtener crédito?

En 2025, se puede elegir libros de las listas del Programa de Lectura de 2020, 2021–2022, 2023, 2024 y 2025 para la constancia de crédito de Programa de Lectura. Puede encontrar una lista combinada de todos estos libros en bit.ly/RPBookList.



• ¿Existen otras formas de recibir crédito por informes del Programa de Lectura?

Sí. Puede recibir una constancia de crédito del Programa de Lectura por:

- Escuchar las charlas del podcast Faith Talks: Un crédito en Crecimiento Espiritual por dos o más episodios
- Escuchar el podcast Voices from the Field: Un crédito en Educación para la Misión por dos o más episodios.
- Leer la revista **response**: Un crédito en Alimento para la Comunidad por la lectura de un año (seis números).
- Participar en un estudio de Misión u, que incluye Misión u 2024 (Vivir el reino relacional) y Misión u 2025 (Hope as a Resurrection People):
 - Un crédito en Crecimiento Espiritual por leer un estudio de Misión u por cuenta propia.
 - Dos créditos en Crecimiento Espiritual por participar en un estudio de Misión u junto con otros, ya sea como líder o participante.
- También están disponibles varias películas y programas de televisión para obtener constancia de crédito del Programa de Lectura. Para determinar la categoría del crédito, identifique la categoría del libro original y aplique el crédito por la película en la misma categoría.



• ¿Cómo se seleccionan los libros?

Un gran equipo de evaluadores voluntarios lee y evalúa posibles selecciones de libros del Programa de Lectura durante todo el año. Cada libro considerado es evaluado de forma independiente por *al menos* tres personas. El Comité del Programa de Lectura utiliza estas evaluaciones como base para su recomendación, considerando el equilibrio general de la lista ofrecida en su conjunto. Luego, su recomendación es revisada y aprobada por el Comité de Gobernanza de la Junta Directiva.



- **¿Cómo puedo recomendar un libro?**

Si desea sugerir un libro para que sea recomendado en un futuro catálogo del Programa de Lectura, puede hacerlo usando el enlace disponible en uwfaith.org/read.



- **¿Puedo usar audiolibros?**

Si para usted es una forma más fácil y accesible de leer el material, siempre puede utilizar audiolibros.



- **¿Hay algún contenido incómodo en los libros del Programa de Lectura? ¿Cómo sé qué esperar?**

El Programa de Lectura está diseñado para ser inspirador y espiritualmente nutritivo, al mismo tiempo que enfrenta honestamente las experiencias difíciles de nuestro mundo actual, incluida la violencia y otros contenidos potencialmente provocativos. Donde era posible, hemos agregado indicadores en las descripciones de los libros para señalar cualquier contenido potencialmente perturbador en relación con la **violencia gráfica (V)**, **contenido sexual explícito (S)** y/o **lenguaje profano (L)**. Esto no pretende alejarlo de estos libros, sino más bien prepararlo para saber qué esperar a fin de que pueda tomar decisiones informadas. Desafortunadamente, no podemos anticipar cuáles contenidos pueden resultar perturbadores para cada uno de nuestros lectores, ya que cada uno de nosotros es único y traemos nuestro conjunto particular de experiencias. Si comienza a leer un libro y descubre que es demasiado para usted en un momento dado, entonces, por supuesto, le animamos a practicar el autocuidado y apartar el libro.



- **¿Cómo puedo informarme sobre los próximos eventos y mantenerme conectada con la comunidad?**

- Si desea sumarse a nuestra lista de correo, visite bit.ly/RPMailList.
- También la invitamos a unirse a nosotras en el grupo de debate Reading Enthusiasts [Amantes de la lectura] en Mighty Networks, donde puede postear, informarse sobre los próximos eventos, y compartir con otros sobre sus libros favoritos.
 - Para quienes son nuevas en Mighty Networks: bit.ly/reading-enthusiasts-MN.
 - Para quienes ya participan en Mighty Networks: bit.ly/reading-enthusiasts.



PROGRAMA DE LECTURA

PLANES

Todos los libros de las listas en Programa de Lectura de los años 2020, 2021, 2022-2023, 2024 y 2025 pueden ser elegidos para obtener créditos en el 2025, salvo que los haya leído con anterioridad.

PLAN I

- 5 libros por año.
- 1 libro en cada categoría.
- Selecciones de la lista de lectura actual que no se hayan incluido en informes anteriores.

PLAN II

- 10 libros por año.
- 2 libros de cada categoría.
- Selecciones de la lista de lectura actual que no se hayan incluido en informes anteriores.

PLAN III

- 15 libros por año.
- 2 libros de cada categoría.
- Más 5 libros adicionales de cualquier categoría.
- Selecciones de la lista de lectura actual que no se hayan incluido en informes anteriores.

PLAN IV

- 20 libros por año.
- 2 libros de cada categoría.
- Más 10 libros adicionales de cualquier categoría.
- Selecciones de la lista de lectura actual que no se hayan incluido en informes anteriores.



Los libros se pueden comprar directamente del distribuidor de su elección, de bookshop.org/shop/uwfaith, o se pueden pedir prestado en su biblioteca pública local.

Para libros en listas anteriores vaya a:
uwfaith.org/read



DESARROLLO DE LIDERAZGO

Libros para niños



HASTA QUE ALGUIEN ME ESCUCHE: UNA HISTORIA SOBRE LAS FRONTERAS, LA FAMILIA Y LA MISIÓN DE UNA NIÑA/UNTIL SOMEONE LISTENS: A STORY ABOUT BORDERS, FAMILY AND ONE GIRL'S MISSION

ESTELA JUAREZ

ROARING BROOK PRESS (2022)

Cuando Estela Juarez tenía ocho años, su madre fue deportada a México. Esta desgarradora historia autobiográfica comparte cómo ella, en palabras de Estela, aprende a encontrar su voz y a usarla para lograr cambios. Escribió cartas a periódicos locales, al Congreso, al presidente y a cualquier persona que pudiera ayudarla. Escribió y escribió hasta que, finalmente, alguien la escuchó. Incluido en Mejor Libro Ilustrado del Bookstagang de 2022.

Libro disponible en inglés y en español.

Libros para adultos



ALIMENTO PARA LA COMUNIDAD



CON LUZ PROPIA: VENCER EN TIEMPOS DE INCERTIDUMBRE/THE LIGHT WE CARRY: OVERCOMING IN UNCERTAIN TIMES / 미셸 오바마 자기만의 빛 : 어둠의 시간을 밝히는 인생의 도구

MICHELLE OBAMA

CROWN (2022)

En esta secuela de su aclamada memoria, la ex primera dama Michelle Obama comparte sabiduría práctica y estrategias poderosas para mantener la esperanza y el equilibrio en el mundo altamente incierto de hoy. Abre un diálogo franco con los lectores, considerando las preguntas con las que muchos de nosotros luchamos: ¿Cómo se construyen relaciones duraderas y honestas? ¿Cómo podemos descubrir fuerza y comunidad dentro de nuestras diferencias? ¿Qué herramientas usamos para abordar sentimientos de timidez o de impotencia? ¿Qué hacemos cuando todo comienza a sentirse como demasiado? Un éxito de ventas mencionado en el *New York Times* y en *USA Today*.

Libro disponible en inglés, en coreano y en español



DE IRA Y AMOR/ALL MY RAGE

SABAATAHIR

RAZORBILL (2023)

Esta desgarradora novela contemporánea y ganadora del National Book Award aborda temas de familia y perdón, amor y pérdidas, en una historia épica que cruza generaciones y continentes. Salahudin y Noor son más que mejores amigos: son familia. Han crecido como marginados en el pequeño pueblo desértico de Juniper, California, y se comprenden mutuamente de una manera única hasta que la Pelea destruye su vínculo. Cuando los intentos de Sal por salvar el motel de su familia inmigrante se escapan de control, él y Noor deben preguntarse cuánto vale la amistad y qué se necesita para vencer a los monstruos en su pasado y en su entorno.

Libro disponible en inglés y en español.



ESTRELLA DE MAR / STARFISH

LISA FIPPS

VINTAGE ESPAÑOL/NANCY PAULSEN BOOKS, UN SELLO DE PENGUIN PUBLISHING GROUP (2023)

De la galardonada experiodista y autora Lisa Fipps llega esta obra ganadora del Honor Printz sobre Ellie, quien está cansada de ser avergonzada por su peso. Desde que Ellie usó un traje de baño de ballena en su quinto cumpleaños, ha sufrido acoso por su peso. Para resistir, trata de vivir según las Reglas de la Niña Gorda. Sin embargo, en el espacio seguro de su piscina ella siente un mundo sin peso. En el agua, puede estirarse como una estrella de mar y ocupar todo el espacio que desee. Afortunadamente, Ellie cuenta con aliados: su papá, su terapeuta y su nueva vecina. Con este apoyo que la mantiene a flote, Ellie podría finalmente ser capaz de dejar de lado las Reglas de la Niña Gorda y ser una estrella de mar en la vida real.

Libro disponible en inglés y español.



EL NIÑO NUEVO/NEW KID

JERRY CRAFT

QUILLTREE BOOKS (2019)

El alumno de séptimo grado, Jordan Banks, ama más que ninguna otra cosa dibujar caricaturas sobre su vida. Sin embargo, en lugar de enviarlo a una escuela de arte, sus padres lo inscriben en una prestigiosa escuela privada conocida por su nivel académico, donde Jordan es uno de los pocos niños de color en toda su clase. Mientras realiza el viaje diario desde su apartamento en Washington Heights hasta la exclusiva escuela a la que asiste, Jordan pronto se encuentra dividido entre dos mundos y, en realidad, no encaja en ninguno. Este libro es ganador de la Medalla Newbery, del Premio al Autor Coretta Scott King y del Premio Kirkus de Literatura para Lectores Jóvenes.

Libro disponible en inglés y español.



CORAZONES PERDIDOS/ OUR MISSING HEARTS: A NOVEL

CELESTE NG

PENGUIN BOOKS (2023)

Bird Gardner es un niño de 12 años que lleva una existencia tranquila junto a su padre, un exlingüista que ahora ordena libros en una biblioteca universitaria. Su madre, Margaret, una poeta sinoestadounidense, desapareció sin dejar rastro cuando él tenía nueve años. Él no sabe qué le pasó, solo que sus libros han sido prohibidos, y está resentido de que ella se preocupara más por su trabajo que por él. Entonces, un día, Bird recibe una carta misteriosa que contiene solo un dibujo críptico, y pronto se ve arrastrado a una búsqueda para encontrarla. Reconocido como uno de los Mejores Libros de 2022 por *People*, *TIME Magazine*, *The Washington Post*, *USA Today* y NPR, entre otros.

Libro disponible en inglés y español.



SOLITO: UNA MEMORIA/SOLITO: A MEMOIR

JAVIER ZAMORA

HOGARTH (2023)

El poeta salvadoreño Javier Zamora ofrece un relato sobre su viaje de casi cinco kilómetros desde su pequeño pueblo en El Salvador, pasando por Guatemala y México, y cruzando la frontera de Estados Unidos de América para reunirse con una madre que se fue hace cuatro años y un padre al que apenas recuerda. Viaja solo en un grupo de desconocidos, además de un "coyote" contratado para llevarlos a salvo, y espera que su viaje dure dos cortas semanas. No puede anticipar los peligrosos viajes en bote, las caminatas por el implacable desierto, las armas que les apuntan y los arrestos que le esperan; tampoco puede saber que esas dos semanas se convertirán en dos meses que cambiarán su vida junto a otros migrantes que llegarán a rodearlo como una familia.

Libro disponible en inglés y en español.



ESTUDIO DE MISIÓN U: BIENVENIDO A CASA/ MISSION U STUDY: WELCOME HOME

NEOMI FLETCHER

MUJERES UNIDAS EN LA FE (2024)

Bienvenido a Casa es un currículo para adultos que explora cómo podemos conocer a Dios como un amigo íntimo que nos da la bienvenida. Se invita a los participantes a profundizar en lo que significa vivir en el reino relacional de Dios y cómo esto nos ayuda a desarrollar prácticas para construir y existir en comunidades más saludables. La autora Neomi Fletcher guía a los participantes a través de un recorrido de ocho exploraciones de una hora cada una, que comienzan con examinar el hogar y redefinir lo que significa a la luz de las repetidas invitaciones de las Escrituras a habitar con Dios como individuos, miembros de la comunidad y personas de fe.

Libro disponible en inglés, en español y en coreano.



LAS MUJERES DE LA BIBLIA NOS HABLAN: LA SABIDURÍA DE 16 MUJERES Y SUS LECCIONES PARA HOY/THE WOMEN OF THE BIBLE SPEAK: THE WISDOM OF 16 WOMEN AND THEIR LESSONS FOR TODAY

SHANNON BREAM

BROADSIDE BOOKS (2021)

La periodista y abogada estadounidense Shannon Bream hace posible que sus lectores caminen lado a lado con dieciséis mujeres de la Biblia, muchas de las cuales fueron figuras centrales en numerosos relatos bíblicos. Por ejemplo, la valentía de la reina Ester en un punto crucial de la historia que le permitió salvar a todo su pueblo. La Biblia contiene guerreras como Jael, jueces como Débora y profetas como Miriam. La primera persona en presenciar la resurrección de Jesús fue María Magdalena, quien rápidamente se convirtió en la primera evangelista cristiana, ansiosa por compartir la noticia que cambiaría el mundo para siempre. Bream ofrece una comprensión más profunda de cada una, y ofrece sabiduría e ideas que pueden transformar la vida de los lectores hoy.

Libro disponible en inglés y en español.

INFORME DE REQUERIMIENTOS CUMPLIDOS

(Envíe el formulario completo a la secretaría de Recursos del Programa o equivalente de acuerdo con el esquema de su Conferencia)

NOMBRE:

PLAN ELEGIDO:

I

II

III

IV

AÑO EN CURSO:

ÉNFASIS DE MISIÓN				
Educación para la Misión				
Desarrollo de Liderazgo				
Crecimiento Comunitario				
Acción Social				
Crecimiento Espiritual				

He completado la lectura requerida para el PLAN _____. Los libros que he leído se enumeran en este formulario.

UNIDAD LOCAL

DISTRITO

CONFERENCIA

NOMBRE EN LETRAS DE IMPRENTA

DIRECCIÓN

CIUDAD, ESTADO, CÓDIGO POSTAL

CERTIFICADO DE RECONOCIMIENTO

Se certifica que

ha completado el plan _____
del Programa de Lectura de Mujeres Unidas en la Fe
y por la presente se le otorga este certificado por

Presentado el día _____, del año 20____



Mujeres
Unidas
en la Fe

Coordinación/Gestión de Recursos del Programa

Presidente

연합감리교회 여선교회 독서프로그램 회원 여러분께

내가 이 편지를 쓰는 동안 아파트 유리창을 두드리는 아침 비가 세차가 내리고 있습니다. 하루 일과가 시작되고 있습니다. 아이들이 잠에서 깨어나려고 하고, 제 이메일 함은 계속 쌓여가고 있습니다. 하지만 계속 비가 내리니 포근한 담요, 따스한 김이 나는 차 한 잔, 그리고 좋은 책이 주는 이 삼박자의 안락함을 간절히 바라는 제 자신을 발견합니다.

좋아하는 의자에 앉아 매일 아침 묵상을 하는 독서 훈련 의식을 하고 있든지, 또는 이동 중에도 읽을 수 있도록 책가방에 문고판 도서를 넣어두고서 손에 잡히는 대로 읽는 책 읽는 방법을 하고 있든지 간에, 여러분은 독서의 힘을 믿기 때문에 이 카탈로그를 만나게 된 것입니다. 연합감리교회 여선교회 독서프로그램 독자들은 다양한 방식으로 이 독서 프로그램에 참여합니다. 어떤 분들은 출퇴근을 하는 동안 오디오 북을 듣습니다. 어떤 분들은 늦은 밤에 한 장씩 계속 음미하면서 읽습니다. 우리 중 어떤 사람들은 도서 반납일을 앞두고 폭풍 읽기의 능력을 발휘하며 읽습니다. 어떤 사람은 홀로 읽고, 어떤 사람들은 교회나 온라인 또는 지역 공동체 도서 읽기 모임에 참여하기도 합니다. 여러분에게 가장 적합한 것이 어떤 방법이든지 간에, 우리는 놀라운 책 읽기의 여행에 여러분이 함께 하길 초청합니다.

연합감리교회 여선교회 독서 프로그램은 다섯 가지 신앙의 목적을 이루고자 준비되었습니다. 이 프로그램은 영적 성장을 추구하고, 지도력 개발을 강화하고, 지역과 세계 선교를 위해 우리를 준비시키고, 공동선을 위해 믿음의 실천을 하게 하며, 크고 작은 공동체를 세워가기 위해 마련되었습니다. 이 독서 프로그램에 소개된 책들은 다양한 주제를 담고 있습니다. 독서 프로그램 네 단계 중 한 가지 계획에 참여하거나 단지 이 도서 목록 중에 한 권이나 두 권의 책을 읽는 일은 여러분의 성장을 도울 수 있습니다. 어느 누구든지 어디에서든지 참여할 수 있습니다. 여러분이 이미 연합감리교회 여선교회 회원이었던지 아니면 새롭게 회원이 되었든지 상관없이 여러분은 책 읽기에 참여할 수 있습니다.

독서는 온 세상을 여행하게 합니다. 나는 나이지리아를 방문한 적이 한 번도 없습니다. 하지만 아비 다레(Abi Dare)의 소설 『커다란 목소리 (The Louding Voice)』는 5천 마일이 넘는 미국의 뉴욕과 나이지리아의 라고스의 거리를 좁혀줍니다. 10대 주인공인 아두니(Adunni)의 허구 세계에 들어갔을 때, 내 정신과 마음은 나이지리아 소녀들의 관심사에 더 마음을 열게 되었습니다. 한편, 린다 사소어(Linda Sarsour)의 아름다운 회고록 『우리는 방관자가 아닙니다』는 참된 자매됨(sisterhood)은 의도성이 필요하다는 것을 나에게 기억하게 함과 동시에 상호 교차성 페미니즘 조직의 힘에 대한 증언을 통해 나에게 영감을 불어넣어줍니다. 사르수어 린다와 나는 같은 도시에 살지만, 우리의 정체성은 꽤 다릅니다. 그녀는 자신의 경험을 브루클린 출생의 팔레스타인계 무슬림 미국 실천가로서 이야기할 때, 이전에는 발견하지 못했던 방식으로 많은 이해의 지점들을 깨닫고 연결해 가면서 고개를 끄덕이고 있는 나 자신을 발견하게 됩니다.

우리는 독서 프로그램 참가자들이 여기에 제시된 도서 목록들을 개인적으로 그리고 그룹으로 둘 다 사용할 수 있는 도구가 되기를 격려합니다.

- **개인:** 독서 프로그램 계획을 고른 후 읽을 책을 선택하십시오. 읽기를 하십시오! 책 읽기 프로그램을 마친 후에는 보고서를 작성하십시오. 지방회 또는 연회의 독서 프로그램 담당자에게 제출하면 일 년에 한 번 수여되는 독서프로그램 수료증을 받을 것입니다. 지방회나 연회의 독서 프로그램 보고서 제출 날짜와 과정을 독서 프로그램 담당자에게 확인 받으십시오.
- **그룹:** 그룹 회원들이 함께 읽고 토론할 책을 독서 프로그램 목록에서 한 권 이상 정하십시오. 독서 프로그램의 모든 도서들은 여러분의 그룹 토론에 유익할 것입니다. 독서 프로그램을 바로 시작하길 원한다면, 올 해에 특별히 그룹 토론을 위해 제시된 세 권의 보너스 도서들을 사용해 보십시오.

최근에 실시된 설문조사는 미국 성인의 30 퍼센트의 사람들은 매주 외로움을 느끼고 있다고 알려줍니다. 이들 중 많은 사람들이 여러분의 지역 공동체 사람들이며, 심지어 여러분의 교회 안에도 이런 사람들이 있을 것입니다. 이 사실을 여러분이 독서 프로그램을 실천해야 할 부르심으로 고려해 보십시오! 관계를 맺고 성장하길 원하는 지역 공동체의 여성들을 여러분의 독서 모임에 초대해 보십시오. 은혜롭고 목적이 있는 초대가 되도록 지혜를 발휘해 보십시오. 여러분의 지역 공동체 사람들과 함께 읽고 성장하는 기회를 가져보지 못했다면, 이 독서 프로그램이 새로운 방식의 의미 있는 목회가 되도록 고려해 보십시오. 독서 모임을 교회 안에서 새롭게 시작하거나, 교회 외부의 모든 사람들도 참여할 수 있는 독서 모임을 고려해 볼 수도 있습니다. 이 독서 모임은 함께 성장하면서 인생 여행을 가려고 하는 성령 충만한 독서가들의 자매됨 안에서 서로 나누게 될 영혼의 치료제가 될 것입니다.

축복을 전하며 행복한 책 읽기가 되길 바랍니다!

평화가 함께 하길!

Emily A Jones

에밀리 존스
인종정의 총무
연합감리교회 여선교회



알아 두어야 할 것들



● 책은 어디에서 찾을 수 있나요?

독서 프로그램의 책들은 공공도서관이나, 동네 서점, 또는 온라인 판매자를 통해 구할 수 있습니다. 여러분은 독서 프로그램의 대부분의 책들을 bookshop.org/shop/uwfaith. 온라인 사이트에서도 구입할 수 있습니다. 연합감리교회 여선교회 여러분은 이 사이트를 통해 구매하시면 10%의 할인을 받으실 수 있습니다.



● 개인적으로 독서 프로그램 수료증은 어떻게 받을 수 있나요?

독서 프로그램 계획 I, II, III, 또는 IV를 마치십시오. 이 카탈로그의 끝에 있는 독서 프로그램 보고서를 작성해 주십시오. 독서 프로그램 보고서를 작성한 후에 지방회나 연회 독서 프로그램 담당자에게 제출해 주십시오. 이에 관한 독서 보고 마감일과 같은 자세한 문의 사항은 지방회나 연회 담당자에게 연락하십시오. 독서 프로그램에 참여하고 보고서를 정해진 마감 기한에 제출한 모든 여선교회 회원들은 독서 프로그램 수료증을 받게 될 것입니다.



● 그룹을 만들기 위한 독서 프로그램 자료들은 어떻게 사용할 수 있나요?

독서 프로그램은 기존 여선교회 회원들과 새로운 회원들이 함께 모임을 하기에 훌륭한 내용을 제공합니다. 직접 만나는 모임을 하든지 또는 온라인으로 모임을 하든지 간에, 독서 프로그램은 강력한 공동 관심사를 제공할 수 있습니다. 독서 프로그램의 책들은 여성들의 영적 성장을 돕고, 지도력을 강화하고, 사회적 행동을 효과적으로 하게 하고, 공동체를 양육하고 공적 봉사를 하도록 돕기 위해 선택되었습니다. 같은 책을 읽고 토론하는 일은 아직 서로를 잘 알지 못하는 여성들과 의미 있는 대화를 쉽게 시작할 수 있습니다. 또한 새로운 여성들과 관계를 맺고 자매됨으로 초대하는 좋은 방법이 될 수 있습니다. 아직 연합감리교회 여선교회 회원이 아닌 여성들과 독서 프로그램 시작을 고려해 보십시오. 공공도서관, 커피숍, 또는 공원과 같은 곳에서 독서 프로그램을 진행해 보십시오. 낮에는 하루 종일 일하고 밤에는 가정일을 돌봐야 하는 책임을 어깨에 짊어지고 있는 여성들처럼 다양한 삶의 상황 가운데 있는 여성들도 참석할 수 있도록 모임을 진행해 보십시오. 여러분은 독서 프로그램으로 읽고 있는 책에 관한 토론 질문을 만들어 보거나, 이 카탈로그 끝 부분에 있는 보너스 도서의 진행 자료를 사용하여 같은 토론 주제로 시작을 할 수도 있습니다.



● 세대 간의 학습을 지원해 주는 자료들은 어떤 것이 있나요?

청소년과 어린이들을 위한 선정 도서는 각각의 주제에 다 포함되어 있습니다. 게다가 2025년 도서 목록에는 몇 권의 세대를 아우르는 도서가 있습니다. 이 책 중에는 린다 사소어(Linda Sarsour)의 우리는 방관자가 아닙니다의 청소년판 우리는 함께 합니다와 크리스티 로렌 아담스(Khristi Lauren Adams)의 주체적으로 지도자가 된(unbossed) 흑인 소녀들의 청소년판 주체적인 지도자가 포함되어 있습니다.

● 독서 프로그램의 보고서가 인정을 받을 수 있는 해는 언제 인가요?

2025년에는 2020년, 2021-2022년, 2023년, 2024년, 그리고 2025년 독서 프로그램 도서에 대한 독서 프로그램 보고서에 대한 수료증을 받을 수 있습니다. 여러분은 이 모든 도서 목록들에 대한 자료들을 bit.ly/RPBookList에서 확인할 수 있습니다.



● 독서 프로그램 보고서가 인정을 받을 수 있는 다른 방식들이 있나요?

네, 있습니다. 여러분은 아래 내용을 마치실 경우에도 독서 프로그램 수료증을 받으실 수 있습니다.

- Faith Talks (신앙 토크) 팟캐스트 듣기: 영적 성장에 대한 에피소드를 2개 이상 들으면 1점(credit)
- Voices from the Field (현장의 목소리) 팟캐스트 듣기: 선교 교육에 대한 에피소드를 2개 이상 들으면 1점
- **response** (리스판스 잡지) 읽기: 공동체 양육에 관한 6개 이슈를 일 년 동안 구독하면 1점
- Mission U (선교학교)의 2024년 하나님 나라를 위해 살기와 2025년 부활의 사람으로서 소망 과정에 참여하여
 - 개인적으로 선교학교의 영적 성장 독서에 참여하면 1점
 - 지도자 또는 참여자로 그룹으로 이루어지는 선교학교의 영적 성장 독서에 참여하면 2점
- 현재 독서 프로그램 도서를 내용으로 하는 영화나 텔레비전 프로그램을 시청했을 경우에도 점수를 인정 받게 됩니다. 도서 분류 목록에 따라 각 주제에 대한 점수를 인정받습니다.



● 책이 선정되는 방식은 어떻게 되나요?

자발적으로 도서 평가자들 팀이 한 해 동안 독서 프로그램에 포함될 추천 도서들을 평가합니다. 추천 도서들은 최소 세 명에 의해 평가가 이루어집니다. 독서 프로그램 운영위원회는 추천 도서에 대한 평가를 기초로 전체적인 도서 목록의 균형을 염두에 두면서 책을 선정합니다. 추천 도서는 담당자 운영 위원회의 집행 회의를 거쳐 확정됩니다.



● 어떻게 책을 추천할 수 있나요?

만일 여러분이 다음 해의 독서 프로그램을 위한 책을 추천하고 싶다면, uwfaith.org/read 의 웹 주소를 사용하여 “추천 도서(suggest a book)”를 통해 하실 수 있습니다.



● 오디오북을 사용할 수 있나요?

여러분은 책을 읽을 때 출판된 도서보다 오디오북 사용이 편하다면 언제든지 이용하실 수 있습니다.



● 독서 프로그램 도서 중에 개인적으로 불편하게 느끼는 내용이 있나요? 어떻게 하면 좋을까요?

독서 프로그램은 폭력과 다른 잠재적인 시한폭탄 같은 오늘날 세계의 문제들을 있는 그대로 씨름하면서 동시에 우리의 정신을 일깨우고 영적인 돌봄을 위해 계획되었습니다. 도서를 소개할 때, 필요한 경우에는, 잠재적으로 문제가 되는 내용 즉 시각적 폭력(V), 명백한 성적 내용(S), 그리고 저속한 언어(L)로 표시를 해 두었습니다. 이 표시는 여러분이 이러한 책들을 피하게 하려는 것이 아니라 여러분이 책을 선택하는데 필요한 정보를 알게 하려는 것입니다.

안타깝게도, 우리 각자는 독특하고 특별한 경험을 가지고 있기 때문에, 우리 독자들 중의 단 한 사람도 피해를 당할 지도 모를 모든 내용을 고려할 수 없습니다. 만일 여러분이 책을 읽다가, 너무 지나치다고 여겨지면, 여러분을 위해서 다른 책 읽기를 권해 드립니다.



● 다가오는 계획들을 어떻게 알고 지역 사회와 관계를 가질 수 있을까요?

- 만일 여러분이 연합감리교회 여성교회 자료를 메일로 받고 싶다면, bit.ly/RPMailList 을 방문하세요.
- 여러분이 글을 써서 올리고, 다가오는 행사들에 대하여 알 수 있고, 좋아하는 책을 다른 사람과 나눌 수 있는 Mighty Networks의 열성 독서인 그룹에 참여해 보십시오.
 - 이 모임에 대하여 새롭게 싶은 분들은 bit.ly/reading-enthusiasts 를 방문해 보십시오.
 - 이미 이 모임을 알고 계신 분들은 bit.ly/reading-enthusiastsMN 을 방문해 보십시오.



독서 프로그램 계획들

2025년 독서 프로그램은 2020년, 2021년, 2022-2023년, 2024년 그리고 2025년 도서 목록 중에 여러분이 아직 읽지 않은 책들이라면 독서 프로그램 보고서를 제출할 수 있습니다.

계획 I:

- 일 년에 5 권 읽기
- 각 분야에서 한 권 읽기
- 이전에 독서 보고를 하지 않은 책으로서 독서 목록에 있는 책들

계획 II:

- 일 년에 10 권 읽기
- 각 분야에서 두 권 읽기
- 이전에 독서 보고를 하지 않은 책으로서 독서 목록에 있는 책들

계획 III:

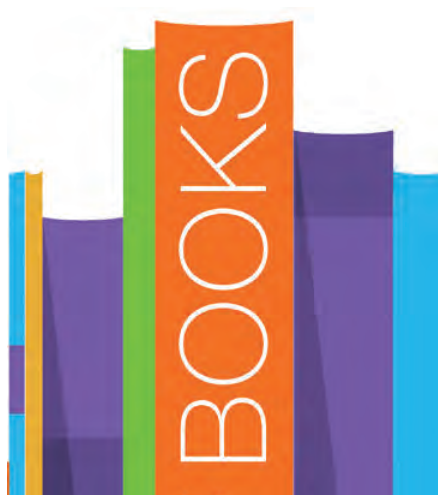
- 일 년에 15권 읽기
- 각 분야에서 두 권 읽기
- 어떤 독서 목록의 책이든지 추가로 10권 읽기
- 이전에 독서 보고를 하지 않은 책으로서 독서 목록에 있는 책들

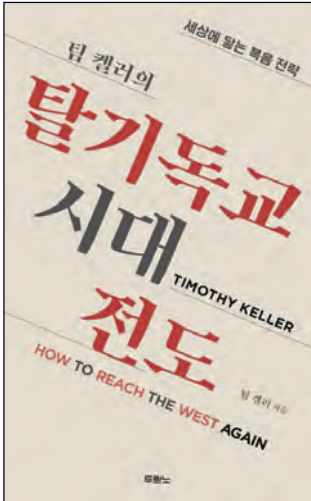
계획 IV:

- 일 년에 20권 읽기
- 각 분야에서 두 권 읽기
- 어떤 독서 목록의 책이든지 추가로 10권 읽기
- 이전에 독서 보고를 하지 않은 책으로서 독서 목록에 있는 책들

독서 프로그램을 위한 책은 여러분이 원하는 서점에서 직접 구매를 하거나 연합감리교회 여선교회사이트인 bookshop.org/shop/uwfaith에서 사거나 지역의 공공도서관에서 빌릴 수도 있습니다.

이전의 독서 프로그램 목록을 보고 싶다면 다음의 웹 사이트를 방문하십시오.
uwfaith.org/read





팀 켈러의 탈기독교시대 전도: 세상에 닿는 복음 전략

팀 켈러 지음, 장성우 옮김

[두란노, 2020]

저자는 오늘날 복음 전도의 상황은 기독교 신앙에 더 적대감을 드러내는 문화 속에 처해 있다는 시대 흐름을 예리하고 간파하고 독자들에게 문제를 제기한다. 이 시대 속에서 복음을 전하다는 의미는 세상 문화를 배척하고 기독교인들만의 공동체 안으로 들어가는 일이 아니다. 도리어 세상 문화와의 접점을 만들고 그 문화 속에 자리한 문제점을 제시하면서 진정성을 가지고 사람들에게 다가가는 것이다. 기독교가 가지고 있는 고유한 거룩함을 유지하되, 도리어 세상 사람들을 돌아보면서 삶의 모든 영역에서 신앙과 일의 통합을 이룸으로써 복음의 은혜를 재발견해 가도록 하는 전략이 제시되어 있다.



지도력 개발



교회는 관계다: 신앙생활, 혼자서도 충분할까?

짐 푸트먼 지음, 김태곤 옮김

[생명의말씀사, 2016]

예배는 드리지만 다른 신자들과 교제를 꺼리는 사람들이 늘고 있다. 신자들의 마음을 붙잡기 위한 다양한 시도들이 이루어지고 있지만 교회가 잃어버린 것이 무엇일까? 저자는 삼위일체 하나님은 영원한 사랑의 관계 안에 계시는 분이심을 기초로 하나님과의 지속적인 관계를 맺는 사람은 다른 신자들과도 하나님의 형상을 닮은 관계 안에 살아갈 수 있음을 강조한다. 진정한 영적 성숙은 성경 지식이나 예배에 참석하는 횟수가 아니라 사랑의 부족에 있다는 문제를 밝힌다. 진정한 영적 레시피는 신자들뿐만 아니라 세상 사람들도 함께 하고 싶은 공동체를 세워갈 수 있게 하는 함께 함의 기쁨을 회복시킬 지혜를 제시하고 있다.



미셸 오바마 자기만의 빛: 어둠이 시간을 밝히는 인생의 도구들

미셸 오바마 지음, 이다희 옮김

[웅진지식하우스, 2023]

미국의 전 영부인인 미셸 오바마가 비커밍을 출판한 후, 포스트 팬데믹, 미국 정치 분열, 인종 갈등을 비롯한 다양한 시대 문제 속에서 길을 잃지 않고 자기만의 빛을 발견하고 지혜로운 삶의 도구로 어떻게 활용했는지를 나누어 주는 책이다. 그녀는 이 책에서 흑인 여성으로서 프린스턴 대학교에서 유일한 흑인 여학생, 대형 로펌의 변호사 그리고 미국 최초의 흑인 영부인으로서 자신을 덮으려는 어둠에 맞선 자신의 삶의 이야기를 풀어내었다. 저자는 자신의 고유한 정체성을 어떻게 기르게 되었는지, 부정적인 사고와 사회적 편견들에 맞서면서 진정한 우정을 기르며 살아가고 있는지, 그리고 서로의 빛을 이어감으로써 지치지 않고 삶을 사랑하는 실천적 지혜를 나누어 주고 있다.



바울을 읽다: 로완 윌리엄스의 바울 서신 읽기

로완 윌리엄스 지음, 손승우 옮김

[비아, 2020]

로완 윌리엄스는 기독교에서 가장 거대한 흔적을 남긴 사도이자 최초의 신학자인 바울의 진심을 가지고 문제, 활동 배경 그리고 그의 성품을 탐구함으로써 서신서에서 바울이 진정으로 말하고자 독자들의 마음을 두드린다. 저자는 바울이 전하려는 복음은 그리스도가 주신 생명 선물을 공동체 안에서 선하게 이루면서 새로운 세계를 살아가는 그리스도인이 되게 하려는 데 있음을 역설한다. 저자는 바울의 관심이 도덕적 원리나 규칙 또는 가치 문제가 아니라 그리스도가 주는 생명의 법을 전하는가, 공동체 안에서 온전히 성령을 통해 그리스도의 기쁨, 봉사, 배려 그리고 너그러움을 드러냄으로써 하나님의 나라를 경험하는 데 있다고 안내한다. 사순절 기간 동안 바울 서신을 읽고 묵상하는 자료로도 교회에서 의미 있게 쓰일 수 있는 책이다.



사회적 행동



성인도서



우리는 미래를 가져다 쓰고 있다

윌리엄 맥어스킬 지음

이영래 번역

[김영사, 2023]

우리는 인공지능의 시스템 탈선, 기후 변화를 가속화시키는 탄소 문제, 그리고 강대국 간의 갈등으로 인한 핵무기 사용에 대한 위협의 강도가 불확실한 미래를 극대화시켰던 팬데믹 이후를 살아가고 있다. 저자는 지금 이 시대와 다음 세대에게 미래를 멀리 내다보면서 도덕적으로 올바른 시각을 갖자는 장기주의(longtermism)적 관점에서 환경의 문제에 대한 우리의 잠자고 있던 세포들을 일깨운다. 그는 인간 멸종, 문명 붕괴, 그리고 기술 정체의 문제에 대한 각성을 요청한다. 그리고 우리 세대를 이어서 다음 세대에게 어떤 미래 환경을 살아가게 할 것인지 함께 고민하고 실천할 수 있는 그의 탁월한 통찰력을 들려준다.



영적 성장



예수: 성경 행간에 숨어 있던 그를 만나다

김형석 지음

[이와우, 2015]

김형석 교수는 스스로를 그리스도인으로 살아왔다고 말하는 대한민국 1세대 철학자이다. 또한 백 세를 넘기는 그가 80년 동안 살아오면서 책과 더불어 학문 연구와 제자를 길러내는 일에 힘써 왔다. 저자가 쓴 예수는 기독교의 경전인 성경이 부피가 방대하여 많은 사람들이 창세기나 네 복음서도 알지 못한 것을 안타깝게 여겼다. 이 책은 기독교 경전을 정확하고도 어렵지 않게 소개하고자 하는 저자의 깊은 마음이 담겨있다. 김형석 교수는 예수는 어떤 사람이며, 예수의 인간다움을 넘어 종교와 신앙적 질문에 해답을 주고자 잠재되어 있는 뜻을 만나고 싶은 독자들을 위해 이 책을 선사한다.

독서 프로그램 보고서

(이 보고서를 작성하여 프로그램 자료 담당자 혹은 연회의 담당자에게 보내다.)

이름:

선택한 독서 계획: I II III IV

현재 연도:

선교 교육

지도력 개발

공동체 양육

사회적 행동

영적 성장

나는 독서 계획 __ 번의 필독 독서를 완료했습니다.
내가 읽은 책들을 보고 합니다.

교회

지방

연회

이름

주소

도시, 주 이름, 우편 번호

작성 시간

독서 프로그램 수료증

이 수료증은

님의

연합감리교회 여성교회 독서 프로그램 계획

을 마쳤기에

이 증서를 수여합니다.

20____년____월____일



연합감리교회
여성교회

프로그램 총무/ 담당자

연합감리교회 여성교회 회장